

**"Muck, May I?"**

Here's how:

Children will have fun playing this version of "Mother, May I?" on a warm, spring day. Stand facing your child(ren) about 20 feet away. "Muck" calls out machine moves such as, "You may take three Dizzy spins" or "four Roley rolls" or "one Scrambler jump." The child must ask, "Muck, May I?" and receive a response of "Yes, you may" before moving. The child who reaches "Muck" first then becomes "Muck" for the next game.

