

Roman Helmet

check list:

1. 2 pieces of black felt (at least 30 cm x 30 cm)
2. scissors
3. clothespins
4. balloon
5. bowl
6. masking tape
7. red Bristol board
8. pencil
9. white glue and water mixture
10. small paintbrush
11. glue
12. cardstock
13. copper paint



Lay one piece of black felt on top of another.



Use scissors to round off the top two corners on each piece of felt, like in the photo. Attach the top of the two pieces of felt together with four clothespins.



Blow up a balloon until it is about the size of your head. Tie the balloon at the end.



Put the balloon in a bowl, tied end down. Use two pieces of masking tape to tape the bowl in place.



Lay a piece of red Bristol board on the table. Rest the balloon on its side against the Bristol board, then trace around the balloon with a pencil.



Cut along the pencil lines you just traced. Discard the small cut-out piece of Bristol board, keeping the large piece with the arc in it.



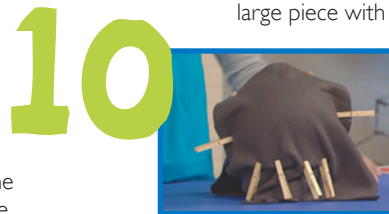
Cut a curved line above the arc in the Bristol board, cutting from one end of the Bristol board to the other, to make a red rainbow shape.



Make three more rainbow shapes by tracing the shape from Step 7 on three pieces of red Bristol board. Cut out the shapes.



Drape the felt over the balloon head so the balloon and bowl are covered on each side. The clothespins should be along the top of the balloon.



To attach the bottom of the felt to the bowl, clip four more clothespins to the edge of the bowl.



Cover the entire top and bottom of the balloon and bowl with clothespins. Now you have the shape of your helmet.



To make the helmet hard, paint the felt with a white glue and water mixture. (The mixture should be runny; more water than glue.) Set aside to dry, then give the helmet two more coats of glue mixture. Let it dry between each coat.



Here is an example of what the helmet should look like after three coats of glue and water mixture.



Now you need to pop the balloon! Unclip the bottom clothespins, remove the bowl, and pop the balloon with a pencil. Remove the balloon pieces from inside the helmet.



Use scissors to trim off the soft felt at the bottom of the helmet.



Now take a red rainbow piece of Bristol board. Use scissors to cut little strips all the way around the arc, starting your cutting from the big arc side and leaving a little bit of room at the other end.

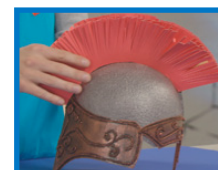


Do the same with the other three red rainbow pieces.



Glue the four red pieces to the helmet—two pieces on one side of the clothespins and two on the other side.

Tip: Leave the clothespins between the red pieces (they provide support).



Make face and neck protection for your helmet out of cardstock. Paint the cardstock with copper paint, then glue them to your helmet.

Make more Roman helmets using different colours of Bristol board!

Upload pictures of what YOU make at cbc.ca/kids/games/artzooka