



## PRINTING INSTRUCTIONS

1. Load your printer with iron-on transfer paper.
2. Open the print dialogue box. Set page scaling to None and printer to Best Quality.
3. Place a sheet of iron-on transfer paper in your printer with the back of the paper facing up (print side down).
4. Print the iron-on. Remember, the design will print backward.
5. Set aside to allow the ink to dry completely.
6. Using an X-ACTO knife (or scissors) and a ruler as your guide, cut around the edges of the design leaving 1/4" of white all the way around.

## IRONING INSTRUCTIONS

1. Place shirt on a smooth, hard, non-porous surface. We suggest a formica countertop. Do not use glass or a padded ironing board.
2. Set iron on the highest dry setting (no steam) and let it heat up for 8 minutes before using.
3. Place a pillowcase on the ironing surface for padding and iron it to remove any wrinkles. Make sure both are smooth.
4. Place the t-shirt on top of the pillowcase. Iron the area where the transfer will be applied. Avoid placing the transfer on seams.
5. Let the surface of the shirt cool before placing the transfer on top. Make sure the image is face down with the white side up.
6. Iron transfer slowly onto shirt making sure the entire area has been ironed.
7. For best results, follow the instructions included with the transfer paper when ironing your design.

PINEAPPLE **EXPRESS**



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