

Learn Secret Sexual Techniques, How To Blow Like A Pro & Make Him Fall In Love With Your Mouth

By Sean Jameson ©2013, All Rights Reserved.

This book is © copyright 2013 with all rights reserved. It is illegal to distribute, copy, share or to create derivative works from this book in whole or in part. It is also illegal to aid in the copying, distribution, or creating of derivative works of this book without the expressed written permission of the author.

If you believe that you have payed for or received a copy of this ebook illegally, then please contact the team at the Bad Girl's Bible at this web address: http://badgirlsbible.com/contact

To find out more about other books and programs from the Bad Girl's Bible use this web address:

http://badgirlsbible.com/products

DISCLAIMER & TERMS OF USE AGREEMENT

By purchasing this book, you agree to the following:

You are responsible for your own behavior, and none of this eBook is to be considered medical, legal or personal advice. The information contained in this eBook is an opinion and it should be used for personal entertainment purposes only. Therefore, if you wish to apply any idea contained in this eBook, you are taking full responsibility for your actions.

The author does not warrant or guarantee the performance, effectiveness or applicability of any sites linked to in this eBook. All links are for entertainment purposes only and are not guaranteed or warranted for content, accuracy or any other implied or explicit purpose.

AFFILIATE DISCLAIMER

You can assume that any and all hyperlinks throughout this ebook are affiliate links to third party websites and that the author has an affiliate relationship with these third party websites whereby the author is compensated for resulting sales. The hyperlinks in this ebook are in most cases shortened and/or cloaked to hide long and ugly links as well as for functionality and tracking.

Introduction

Thank you for purchasing my baby, The Blowjob Bible. The Blowjob Bible is the most up-to-date and best resource available in the world on how to give your man the perfect blowjob. I decided to write the Blowjob Bible after getting thousands of requests for a step-by-step guide on how to give your man a wonderful blowjob every single time.

This book was written as a result of years of teaching girls how to properly please their man. I have taught girls who were incredibly open minded and confident but I have also taught girls who were shy and not confident at all when giving a blowjob. The wonderful thing is that every girl I have taught the techniques you are about to read has gotten far, far better at giving their man a blowjob.

With the right attitude and the right training, any girl can become great at giving their man a wonderful blowjob.

What you are reading is the best training in the world, so all I ask is that you read this book with an open mind and *REALLY TRY* some of the techniques, positions and exercises that I describe and teach you in the book.

You and your man will be pleasantly surprised.

How To Use This Book

Before jumping ahead and reading through my specific techniques, tips and tactics, I am going to give you a few pointers that will greatly speed up your learning and make this guide even easier to use.

I have broken up the book into very specific and useful chapters. The most important chapters (besides the one on Being Safe, which is the most important of all) are:

- Blowjob Techniques (including the Advanced and Pro Techniques)
- Blowjob Positions
- Blowjob Locations
- Blowjob +eXtras
- Setting The Scene
- Finishing Up

My advice is to take 1 (or a maximum of 2) tips from each chapter and try them out on your man.

Then see which tips/techniques/location/etc works best. Memorize and keep the tips that work great for you and your man. Try not to concentrate on the techniques and tips that you and your man don't enjoy as much

This means that every time you give your man a blowjob, you should be trying something new to see if he likes it.

After 5 to 7 blowjobs, you will already have a number of techniques, tricks and tips that your man enjoys. Over time, you need to keep adding to your repertoire so that your man never gets bored.

One Warning: When I originally wrote the book, it was 224 pages long. I purposely edited it down as much as possible to try to make it short and concise. As a result, the book is incredibly dense with tips, facts, techniques, tricks and information.

If you try to remember everything in the book right after reading it then you will get confused and forget parts of it.

Instead just treat it like a cook book. You wouldn't try to cook everything from a cook book after reading it once, would you? Instead you would pick and choose recipes that look interesting. You would try them and then decide if you like them and want to use them again or if you want to forget about them. You would keep trying new recipes from it and after a while, you will eventually have multiple recipes that you remember and cook up whenever you feel like it.

This book is the same. It's a reference manual. Try reading it right through to the end first. Then afterwards, pick and choose the advice you want to try from it. Pick a few tips and techniques. Try them. If you and your man like them, keep them. If you and your man don't like them, then don't keep them and try some other tips and advice.

In a matter of weeks you will find that your blowjobs will quickly turn from being mediocre to amazing if you follow the advice you are about to read.

Practice Makes Perfect

This could very well be the most important part of the book. I want to ask you something, have you ever heard the phrase, "Practice Makes Perfect?"

It's completely true. The people who are the best at anything in the world, got great through practice. Tennis, piano, basketball, ballet. To get good at any of these takes practice.

Giving a guy a great blowjob is exactly the same. The only way to get better is with practice. Now I am not saying that you should spend all day and all night giving guys blowjobs! Although, if you have a boyfriend, he will definitely appreciate it!

A great alternative to practice on is a peeled banana. It has a lot of 'give' and tastes great. From talking to previous girlfriends, I have found that vegetables like a cucumber are a little too tough, while a dildo is also good for practicing on, but not quite as good as a peeled banana.

To Better Lovemaking,



Table Of Contents

(You can click the page numbers to go to each page)

A Quick Male Anatomy Lesson	13
The Glans	14
The Corona	14
The Shaft	15
The Testicles/Scrotum	15
Inner Thighs	16
The Perineum	16
The Prostate	16
What To Focus On	17
Finer Details On Male Anatomy	18
Preparing Your Man And Yourself	19
Your Man	19
Hair Removal Cream	20
Waxing	20
Shaving	20
Optional Extras	21
Your Preparation	21
Other Quick Tips On Preparation	22
Finer Details On Preparation	23
STDs & Staying Safe	24
Get Checked Up Regularly	24
Use Protection	24

Finer Details On Staying Safe	25
On Men, Relationships & Sex	26
Why Blowjobs Are Important	27
Men & Women, Two Very Different Creatures	28
What attracts You To Men & Vice Versa	28
Don't Go To War With Only 1 Weapon!	30
Becoming His Fantasy	33
Great Relationships Are Based On More Than Just Sex	34
Great Communication	35
Mutual Respect	35
3) Shared Experiences (in other words: Having Fun Together)	36
Finer Details on Men, Relationships & Sex	36
Blowjob Techniques	38
Kissing	38
Licking	39
The Washing Machine	43
The Classic	44
Sucking His Dick	46
Blowing On His Dick	47
Getting Toothy	49
Finer Details On Blowjob Techniques	50
Advanced Techniques	52
The Up & Down	52
Eye Contact	53

His Inner Thighs	55
His Perineum	56
Caress, Touch, Suck, Lick, Massage and Love His Balls	57
Finer Details On Advanced Techniques	62
Pro Techniques	63
Anilingus	63
Prostate Massage	64
The Three Techniques	67
Use A Fleshlight	68
Finer Details On Pro Techniques	68
Blowjob +eXtras	70
Mouthwash	70
Mints	71
Cream	71
Syrup	72
Flavored Lube	72
Finer Details On Blowjob +eXtras	72
How To Give A Handjob	74
Before You Get Started	74
Handjob Foreplay	76
The Actual Handjob	79
Handjob Positions	85
Handjob Locations	86
Finer Details On How To Give A Handjob	87

Blowjob Positions	89
On Your Knees	89
The 'Regular' Or Lay Down	90
69	91
The Boss's Chair	92
The Plumber	94
The Cinema	95
The Thigh Pillow	96
The Doctor	97
The Face Fu*k	98
Finer Details On Blowjob Positions	99
Setting Up The Blowjob	100
Finer Details To Setting Up A Blowjob	102
Blowjob Locations	103
The Bedroom	103
The Living Room	104
The Kitchen	104
The Bathroom	105
The Laundry Room	105
Outside the house	106
The Car	106
At A Party	107
Public Places	108
Park	108

Bathroom Blowjobs	108
Finer Details On Blowjob Locations	109
Setting The Scene	110
What Should You Say?	110
The Setting	111
How You Act	113
What You Wear	117
Finer Details On Setting The Scene	118
Finishing Up	120
Reaching Orgasm	120
Finishing Techniques	121
What To Do With His Cum?	123
Final Points	126
Finer Details On Finishing Up	127

A Quick Male Anatomy Lesson

I am going to quickly teach you the most important parts of a man's penis and groin area. Read this chapter once and then use it as a reference.

While there are obviously many different sensitive parts to a man's body, we will be concentrating on the penis and groin area for this

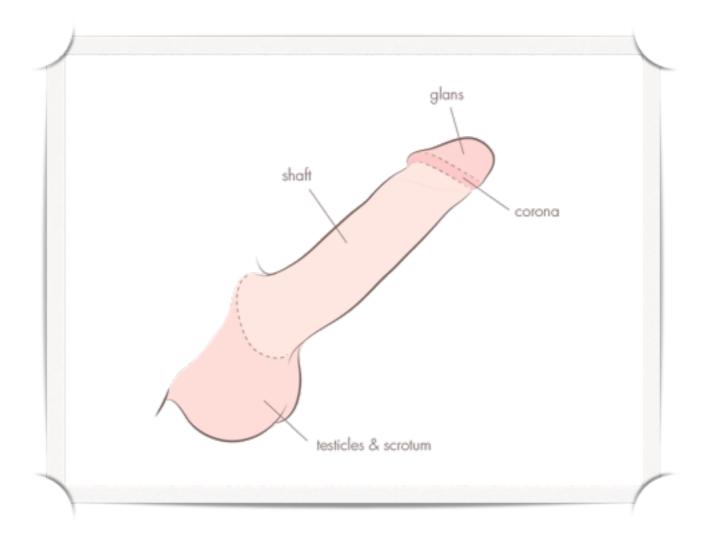


Illustration 1: Basic anatomy of a man's penis.

chapter, but towards the end of it I will include some other areas that are also highly sensitive and pleasurable for men, which I have not seen mentioned or discussed elsewhere. I purposefully made the basic anatomy of a man's penis as simple as possible so that it's obvious which part of the penis is which.

The Glans

The glans is also referred to as the 'head' of the penis. This is the dark pink part of the penis, that is first to enter the vagina when you are having sex with a man.

At the top of the glans is the urethral opening where semen is ejaculated from. A ridge called the corona separates the glans from the rest of the penis.

The glans is by far the most sensitive part of your man's penis. It is the part of the penis that has the highest concentration of nerve endings. This means 2 things:

- 1) It feels great for him when you stimulate the glans properly.
- **2)** It is very painful for your man when the glans is stimulated too hard or when you accidentally use your teeth on it.

Even though other parts of his penis are larger in size, the glans is where you will be focusing most of your attention. On circumcised men, the glans will be fully exposed. While on uncircumcised men, the glans will be partially or fully covered by the foreskin. Throughout the book I will refer to the glans as either the 'head' or

The Corona

the 'head of the penis'.

At the very bottom of the glans is the corona. This the where the glans joins the shaft. It is a ridge of highly sensitive flesh that feels

great when it is stimulated. The corona is indicated in pink in the photo above

The Shaft

The shaft looks exactly like it sounds. It's the long part of the penis that extends from where the penis starts up to the corona. The shaft is not nearly as sensitive as the glans, but this does not mean that you should ignore it.

There are a myriad of ways to stimulate the shaft on your man's penis that I will show you in future chapters. The best time to do it is when you are also stimulating his glans.

The Testicles/Scrotum

A man's testicles are contained within his scrotum and are not part of his penis, but they are incredibly important to pay attention to when you are giving him a blowjob. A lot of girls that I have been with didn't at first know how pleasurable it is for a man to have his testicles stimulated. But once they understood how pleasurable it could be, their blowjobs became a lot, lot better

So if this is new to you, the most important thing that you need to know is that a man's testicles are incredibly sensitive. If you aren't careful, you can potentially hurt them.

So make sure to apply minimum pressure and stimulation to them at first. Once your man is comfortable with that, you can experiment with applying more pressure. I will be covering a number of different techniques later on on how to stimulate your man's testicles.

These techniques range from fondling and kissing to licking, sucking and massaging them.

Inner Thighs

A man's inner thighs have little to do with his penis. However they are incredibly sensitive and feel wonderful when stimulated as you are giving your man a blowjob.

So the next time you go down on your man and you want to try something a little different, but not too 'out there', think about rubbing or gently scratching his inner thighs with your nails to stimulate them.

The Perineum

The perineum is one of those sensitive spots that few girls seem to know about on their man. The perineum is the area of rough skin that is located just behind your man's testicles and extends up to his anus (on the outside of his body). It's usually 1-2 inches in length.

The perineum is not as sensitive as your man's penis, but it does feel wonderful when it's stimulated while you are giving a blowjob. You can see the location of the perineum in Illustration 2 below.

The Prostate

The prostate is a gland and it is located inside your man. If it's inside your man, then you may be wondering how do you stimulate it? It's simple, you need insert a finger or 2 into your man's rectum to stimulate it. This will be covered in more detail in the 'Pro Techniques' chapter.

What To Focus On

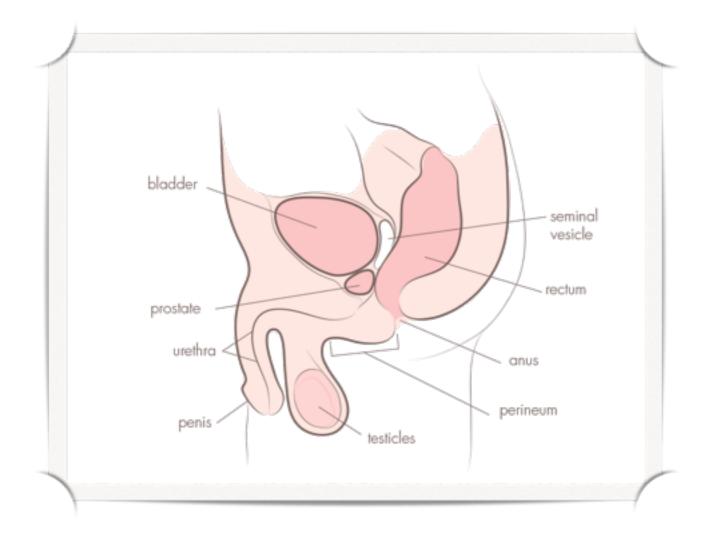


Illustration 2: More Detailed Male Anatomy.

The first 3 areas, that I have discussed are the glans, shaft and testicles. These are the most important parts to concentrate on when you are giving your man a blowjob. However, as you get more and more confident, it's a great idea to start thinking about stimulating his inner thighs, his perineum or even his prostate.

The perineum or prostate may feel 'a bit out there', but trust me your man will appreciate it.

So these are the 6 areas of his groin area that you should concentrate on when you are giving your man a blowjob. But don't forget that your man has many different areas around his body that feel both sensitive and enjoyable when stimulated. These include:

- His Lips and Tongue (obviously)
- His Scalp (feels wonderful when massaged)
- His Neck
- His Ears (particularly the ear lobes)
- His Back (feels wonderful when massaged, not incredibly erotic, but a great feeling nonetheless).

Finer Details On Male Anatomy

1) All this anatomy sounds confusing. I am still not sure exactly what each part is.

My Advice: Don't worry too much about this. It will all become very clear when you are looking at your man's penis and testicles. I want to keep this book as much about blowjobs as possible and not focus on topics where you can find great information elsewhere. There is great information on the human male anatomy on Wikipedia. You can check it out at this link:

http://en.wikipedia.org/wiki/Human_penis

2) Does it matter if my man is circumcised or uncircumcised?

My Advice: It makes almost no difference at all. The only difference is that circumcised men have no foreskin. Try not to worry about this as it makes little difference.

Preparing Your Man And Yourself

Your Man

*** This is a chapter that your man may be interested in reading as a lot of it directly concerns him.

A great blowjob takes preparation. Obviously you need to prepare by learning the right techniques to use as well as other factors that I cover in later chapters. However your man should not forget about preparing himself! Getting him prepared is just as important!

How does he need to get prepared?

Well, it's pretty simple really. You are going to be going down on him, which means that you don't want to have to deal with any bad smells or tastes.

The quickest and easiest way to fix this is for your man to keep everything neat and tidy down there. Pubic hair is wiry and tangled. It has a natural tendency to retain odors as well as retaining other stuff that falls down there. The last thing you want is to have to deal with horrible smells and gunk when you go down on your man.

There are a few different ways that your man can control his hair down there. Before using any of the methods below, it's a good idea for your man to first trim his pubic hair with a scissors.

Hair Removal Cream

This is by far the easiest and safest way (provided that the hair removal cream is safe for use on genital areas). Before he applies it though, it's a really good idea to first trim the excessive hair off. This will help to prevent any potential blockages in the sink.

Waxing

I've got to be honest, waxing is not something I would recommend. It can be incredibly painful for a guy, especially if he has never experienced it before. The only upside to your man waxing is that it has by far the longest lasting results.

Shaving

Shaving is another option that I am not particularly fond of. It is great due to the fact that you can do it quickly. But the major problem that I and my friends have encountered is that a man's skin around their scrotum is really loose and saggy, which makes it easier to accidentally cut or scrape with a razor as you are cutting it.

While different couples have different preferences, I have personally found that almost every single girl that I have ever been with has preferred it when I had absolutely no pubic hair down there. The great added advantage of having no hair down that your man is going to look a lot bigger too!

What man is not going to want to look bigger? So make sure to tell him this when you are about to go down on him. If you feel a little awkward or shy asking your man to trim 'down there', don't worry. It's perfectly normal. The easiest way to talk to your man about it is ask him what he prefers on you. Short & Neat? No Hair? Then after he answers, it will be a lot easier and natural to tell him what you prefer on him.

Another approach that you can try is to simply tell him that you want to give him an amazing blowjob, but that to do it, he'll need to first trim his pubic hair down there.

Optional Extras

It can be really sexy and a big turn on for you and your man to give him a blowjob when he comes in from work or from the gym.

However, giving a blowjob to a grimy, sweaty man is not always something that you will to want to do. Many may find it a little unhygienic. If you do, then it's a good idea to ask your man to have a quick shower beforehand.

Make sure that he thoroughly cleans himself. If you want to be completely sure that he does, it might be a good idea to hop into the shower with him!

Your Preparation

It's just as important that you are also clean and fresh when giving your man a blowjob. This means that it's a good idea to have a shower and are reasonably clean before you go down on him.

It's also important that you don't go down on your man if you have a cold sore (herpes), otherwise you risk passing on the disease and infecting him too. Herpes occurs almost exclusively outside the mouth, but don't forget about taking good care of inside your mouth too. Now, I'm not your mom, but you have to make sure you thoroughly brush your teeth everyday, to make sure that you get rid of all that disease causing bacteria. I also strongly recommend using a good anti-bacterial mouthwash too.

Other Quick Tips On Preparation

These tips are not quite as important, but each does help just a little bit to make the overall blowjob experience better for your man.

Nails

Ideally, it's best if you have short nails when giving your man a blowjob. It dramatically lowers the chances of accidentally giving him any little nicks or cuts. However, if you do have long nails, there is no point cutting them short just to give your man a blowjob. It's more important to make sure that they are smooth and clean. So use a nail file to smooth down any rough edges.

Breath

Having fresh breath is important, it's a sign of good oral health. I can tell you first hand that girls with bad breath are a real turn off. I've even stopped a few girls from going down on me for the simple reason that they had awful breath. If you have really bad breath, it could be a sign that you could have some kind of oral infection.

Hair

If you have very long or messy hair, then try putting your hair in a ponytail when you are giving your man a blowjob. This will keep it out of the way, but it will also allow your man to see exactly what you are doing (men are visual creatures after all!).

This chapter on preparation is quite short, but it's very important. Here's why: When your man is clean and shaven down there, you will be much more relaxed and better able to give him a great blowjob. When he is sweaty and greasy and smells bad down there, it's much more difficult for you to relax and give him really great head.

Finer Details On Preparation

1) So should I force my man to get rid of all his pubic hair before I give him a blowjob?

My Advice: Absolutely not. Different couples have different preferences. So if you don't care too much about pubic hair, then don't worry about asking him to get rid of it.

However if you find it a serious problem or even disgusting, then you need to talk to him about it. The key is to address the situation in a respectful and mature way.

2) Is it better to leave just a little bit of pubic hair or shave it all off?

My Advice: It's entirely up to you. Some guys like a 'landing strip' which is a small, neat, trimmed vertical strip of pubic hair running from the top of your vagina upwards, while others like a no hair at all. But like I always say, it's not just about pleasing your man. You need to be happy and comfortable too.

STDs & Staying Safe

Before teaching you exactly what you need to do to give an awesome blowjob to your man, it is vital that you read this section on staying safe and healthy. Nothing is more important than your health, so please make sure to always put health first.

Get Checked Up Regularly

It is important to get checked up regularly for sexually transmitted diseases (STDs). This means going to your doctor and getting both a blood test and a swab test to check for any sexually transmitted diseases. It's vital that you seek medical attention swiftly if you do happen to be carrying any diseases. If you suspect that you are carrying a sexually transmitted disease, it's also vital that you do not engage in any sexual activities or activities that may increase the risk of transmission.

If you and your partner are monogamous and have both tested negative for any sexually transmitted diseases, then the risk of infection is going to be a lot lower. However, it's still a good idea to get checked up regularly, just to be extra safe.

Use Protection

Using condoms that have been properly manufactured and tested to ensure quality is a great way to help prevent the spread of sexually transmitted diseases and infections. But do be aware that condoms do not work 100% of the time.

Remember that when you are engaging in any sexual act there is always a risk of infection. So take every necessary precaution you can to prevent yourself from catching anything.

Remember, I am not a doctor. If you are unsure about anything at all, consult with your doctor.

For more information on sexually transmitted diseases and infections, make sure to check out the links at this address: http://badgirlsbible.com/sti-information

Finer Details On Staying Safe

1) I'm allergic to latex rubber, but I want to use a condom to stay safe. What should I do?

My Advice: If you are allergic to latex rubber there is a solution. You can purchase condoms that are not made from latex rubber. Many of these alternatives offer the same levels of protection against both pregnancy and the transmission of STD's, but remember, no condom works 100% of the time.

2) I'm not sure if I have a STD or not.

My Advice: If you are not sure whether or not you are carrying and STD, then get tested immediately.

3) I have a STD, what should I do?

My Advice: Contact a doctor immediately for medical advice. Talk to previous sexual partners immediately and tell them what STD you are carrying and urge them to get tested immediately.

On Men, Relationships & Sex

Originally this chapter was thirty one pages long, but I cut it down, because this book is about giving great blowjobs, not about relationships and dating.

Men and women are very different creatures. Our interests, job choices and emotions differ greatly. That's exactly why sometimes girls get it so wrong when trying to please their man. They are addressing the problem from a girls point of view instead of trying to address it from their man's point of view.

You see, while sexual intercourse is about the sexual gratification of both partners, giving a blowjob is primarily about the sexual gratification of the man.

This is why I wrote this chapter. To give you an insight into the mind of a man. I want to answer some of the common questions I get from students by viewing them from a man's point of view to help you better understand what we want and what pleases us the most. This will help you massively when it comes to pleasing your man in the bedroom in the long term.

In this chapter you will learn:

- Why blowjobs are important for a healthy relationship
- Why men and women are different and are attracted by different factors, which is important when giving your man a great blowjob.
- Why having a range of sexual techniques, tricks and positions is important for a great sex life. Blowjobs are one of the most important parts, but not the only part of a great sex life.

Why Blowjobs Are Important

When done right, a good blowjob feels absolutely wonderful, often better than sex. When it's done wrong, it feels terrible. So obviously a good BJ is important to men. But to be more specific, here is exactly why giving a great blowjob feels so important to a man:

- 1) If you can give your man a perfect blowjob, then he is far less likely to seek it elsewhere. He can literally become addicted to you and your magic mouth! I have written this in bold because for many it's by far the most important reason.
- **2)** All men have egos, some bigger than others. Giving a man a great blowjob will greatly boost that ego. It will make him feel like the king of the world. In other words, when you go down on him and give him a great blowjob, he will be thinking, "If she is using all these moves, while giving me an awesome blowjob, she must think that I am really awesome!".

If you can be the girl that boosts his ego, then you are putting yourself in a powerful position that will make him want to be around you more and more.

- **3)** A man is far more likely to return the favor if you give him a great blowjob.
- **4)** Did I mention that it feels good?

Men & Women, Two Very Different Creatures

A very simple way to explain the differences between men and women is with the title of the book, 'Men Are From Mars, Women Are From Venus'. Sometimes it really feels like men are from a different planet.

So there are the obvious differences between men and women. Men like getting drunk with their buddies while watching football. Men are more likely to work in jobs that require large amounts of physical effort (e.g. construction workers, carpenters, engineers). At the same time most men couldn't tell you that wearing wedges in a nightclub is not very stylish (most guys have no fashion sense!).

However, these 'obvious' differences between men and women don't actually mean that much when it comes down to attracting them, sexually satisfying them and keeping them.

The more important differences are often a bit more subtle.

What attracts You To Men & Vice Versa

You may be attracted to a guy because he is confident, funny (but a little cheeky), fun to be around, has a cool and large group of friends and is actually going somewhere in his life, along with being good looking, dressing well and having a great body. Does this sound like an accurate description of a guy you could be attracted to?

Men are attracted to women for a variety of different reasons. Sometimes these reasons are subtly different. Sometimes these reasons are blatantly obvious.

Initially men are attracted to a girl for physical reasons (I'm not going to sugar coat this, it's true, looks are very important for guys). After that initial physical attraction, it comes down to personality and whether or not she is a fun to be around. If she is not particularly fun or interesting to hang out with, then things are not very likely to go far after the initial date.

So there you have it, women are attracted to men for one set reasons, while men are attracted to women for a slightly different set of reasons.

But why is this important for you and your sex life?

Understanding these differences is important because it will help you to build and maintain attraction with your man. This attraction is important for keeping sex and your relationship exciting.

So what can you specifically do to remain attractive?

• Make sure that you always look your best when you are around your man. This means taking care of your figure as well as your wardrobe. Although, taking care of your figure is important for more than just your man. It's important for your health. Looking after your wardrobe is also important because having clothes you really like makes you feel better about yourself, regardless of your man.

- Keep your life fun and interesting. This means having hobbies, a great social circle and cool things to do that don't necessarily include your man.
- Stay fun and flirty around your man. Don't ever let things get boring. This means teasing him from time to time and joking with him.

Now this is a book about blowjobs and I don't have all day to talk about attracting and keeping a man. If you are interested in learning more about attracting and keeping a man, then I suggest you check out this video below for more in-depth information and strategies for keeping a man attracted. To be honest they're kind of weird and a little out there, but they are actually very effective:

http://blowjobbible.com/keep-him-attracted/

It's the only source of information that I recommend on attracting and more importantly **keeping a man**.

Don't Go To War With Only 1 Weapon!

Blowjobs are at the top of almost all men's lists for their favorite sexual pleasures! So becoming a goddess at giving blowjobs is a powerful skill to posses for pleasing your man.

But! And it's a BIG BUT!

Don't rely on just one skill alone for driving your man wild in the bedroom. Just like an army brings many different different weapons to a war; Small pistols, machine guns, grenades, rockets, bombs, jet fighters, tanks and warships, you too must bring multiple sexual weapons into the bedroom!

This means that after you learn how to give an amazing blowjob, you need to start thinking about learning more skills in the bedroom. Having a wide range of skills is crucial to having a fun time between the sheets! So what skills should you learn? Surprisingly, not all of them are 'super sexual'.

Learn How To Talk Dirty

I have written a short book accompanying this one on how to talk dirty called Dirty Mouth! I wrote it for the simple reason that I just couldn't find one that properly covered how to talk dirty.

Inside you will learn how you can use dirty talk to arouse your man, how to keep him thinking about you and most importantly how to use it to build sexual tension with him. If you are interested the expanded version called the Dirty Talking Bible (with over 260 dirty talking examples), then you can find out more about it at the link below:

http://badgirlsbible.com/dirty-talking-bible

Try New Things

Your sex life will get boring quickly if you do the same things over and over again with little or no variation. One of the keys to keeping it exciting is trying new and sometimes crazy things. You won't like everything you try but you will steadily find things that you do like.

It will also help you to consistently build up a large bank of great techniques, tricks and positions that you can use with your man.

To learn more of my best sex tips, tricks, tactics, techniques, games and positions, you may be interested in signing up to the

free Bad Girl's Bible newsletter if you haven't already signed up at the link below:

http://badgirlsbible.com

Learn Some Great Sex Positions

In this book, I cover my best blowjob positions. But it's also important to be knowledgable on the really fun sex positions that you can use for normal intercourse. These range from variations of the normal missionary position to the more interesting ones like reverse-cowgirl as well as many others. You can find the best sex positions on the Bad Girl's Bible site at the link below:

http://badgirlsbible.com/best-sexual-positions

Toys

Why should you do all the work?! Using toys in the bedroom is a great way to expand the pleasure that you can give to your man. There are a ton of different toys that you can use on him, from a fleshlight to prostate massagers and cock rings for your man. But don't forget about toys for you, like dildos, vibrators and butt plugs. You can find a really good selection of sex toys at the link below:

http://blowjobbible.com/sex-toys-help

Roleplaying

Roleplaying is the perfect way to act out your fantasies and your man's fantasies. Most people have a number of fantasies that they want to roleplay, but are often afraid to try them or talk about them with their partner out of fear of embarrassment.

The truth is, roleplaying and having fantasies is completely normal and natural. Everybody has them. Roleplaying with a partner you trust is the safest and easiest way to act out your fantasies.

Becoming His Fantasy

Learning how to give a great blowjob along with learning how to talk dirty and some great sex positions is definitely the key to a great sex life. But there is one missing piece. Your end goal should not just be to be great in bed.

Your end goal should be becoming your man's fantasy (and his end goal should also be becoming your fantasy, but this book is about you, not your man!).

In other words, your end goal on this journey to better blowjobs and better sex should be your man thinking about you and only you when he thinks about sex.

The easiest way to become your man's fantasy is to act out his fantasies with him. Maybe he wants to try something like tying you up or he wants to be tied up himself. Or maybe he wants you to dress up in a sexy costume. Or maybe he wants to try something far more 'out there'. It doesn't matter exactly what his fantasies are, what matters is acting them out (in a safe manner).

Once you can become the person who your man can share his fantasies with (and act them out with him), you are putting yourself in a very powerful position.

He will automatically feel far more comfortable around you. But he will also be closer and more attracted to you too. This is because he shared his deepest darkest fantasies with you and you embraced

them. His fantasies will become a secret, special thing that only you and your man share.

Once you become his fantasy, he won't even enjoy porn or going to strip clubs that much anymore because you will be the only one on his mind.

Great Relationships Are Based On More Than Just Sex

The Blowjob Bible is incredibly thorough and detailed. It gives you the positions, techniques, locations and much, much more so that you can always give your man a great blowjob.

However there is still one thing missing that I am now going to show you. You see, having the all the tips, techniques, tricks and maneuvers in the world is great for <u>physically</u> performing a blowjob, but they are not always great for connecting with your man.

I strongly believe that having a wonderful sex life involves more than just 2 bodies grinding together or a mouth sucking a penis. It's about 2 people really connecting with each other **and having great sex**.

While this book is all about blowjobs and pleasing your partner, remember that sex and blowjobs are only one part of having a great relationship. There are 3 other very crucial parts that I unfortunately don't have time to cover in depth in The Blowjob Bible.

1) Great Communication

This goes beyond just talking to your man. Great communication means listening to him, offering advice and helping him to figure things out when he is down. Men are lot less talkative than women, so sometimes you may have to really pry to make sure that your man is okay. Sometimes prying is not that helpful and you'll find that just listening is best.

But great communication is not all about giving your man what he wants. You need to be listened to as well. Make sure your man knows this. I am not saying that you should confront him one day and tell him to listen to you, but if you feel that he doesn't listen to you, then you should bring it up with him sooner rather than later when you are both in a good mood.

2) Mutual Respect

This is an obvious one, but super important nonetheless. For your relationship to work well, it needs to be built on mutual trust. This means that your man needs to respect you and your boundaries. It means that he shouldn't be calling you every half an hour when you are on a night out with your friends. Mutual respect obviously works both ways.

So if you are living together, it means that you need to both share the burden of looking after your apartment/house with each other.

3) Shared Experiences (in other words: Having Fun Together)

No dating, relationship or sex 'gurus' ever seem to talk about Shared Experiences, but they are super important! If you want your relationship to be fun and interesting, then shared experiences are the best way to do it. This does not mean sitting opposite each other in a restaurant together with sour faces and not talking. It means doing things together that you find exciting, fun and interesting. It could be something simple like going to see a movie together or going to a fun fair together or it could be something a little different like learning how to surf together.

The key is to do it together **and** to make it fun.

Finer Details on Men, Relationships & Sex

1) He wants to try something that I am incredibly uncomfortable with. What should I do?

My Advice: I always advise people to have an open mind when it comes to sexual things that are safe and consensual, that you should try most suggestions at least once as long as they are not dangerous or unsafe in any way. However, it is important to have personal boundaries that you do not allow anyone to cross. At the end of the day, it's up to you entirely whether or not you do something with your man or not.

A great way to keep your man happy is to meet him halfway. In other words to try a watered down version of what he wants. But if you still feel uncomfortable with a watered down version of what he wants, then just say ,'No'. If your man can't respect how you feel, then he may need to find someone who does.

2) I think he may be cheating, what should I do?

My Advice: Unfortunately this is not a relationship book and to answer this question would take pages and pages, as there are just so many possibilities. But like I said before, I firmly believe that great communication and mutual respect are at the heart of every successful relationship.

The one thing I can tell you for sure is that confronting your man and accusing him of cheating usually doesn't end well for either of you.

3) So you are saying that I should learn hundreds different sexual maneuvers along with learning how to give a great blowjob in order to be good in bed?

My Advice: Not at all. What I am saying is that all great sex lives involve a lot of variation. It stops either partner from ever getting bored.

But instead of learning ten new techniques a week, learn one or two, then practice them with your partner until you are really good at them. Then when you have mastered those one or two techniques, starting learning another one.

Blowjob Techniques

Now that we have gotten through the boring stuff, it's time to learn some blowjob techniques. In this chapter, I will cover every single blowjob technique that you will ever need. This means that there will be a lot of different techniques covered.

Warning: Don't try to memorize every single technique today! Your head will literally explode! Instead try 2 or 3 techniques that seem interesting to you. If you and your man like them, keep them. Then try adding another blowjob technique on top of each one you master. Within a few months you will quickly have a massive library of different BJ techniques that you can 'pull out of the bag' when you want to.

We are going to start off with the easier and and more straightforward blowjob techniques before getting to really good stuff.

Kissing

Kissing is a very easy BJ technique that you can use. It also works great at prolonging the length of a blowjob. A great time to start kissing his penis is at the very start of the blowjob. All you simply need to do is massage his penis with your lips. Use the exact same technique that you would regularly use when you are kissing him on the lips.

Try kissing his shaft with longer kisses, and then alternating while kissing the head of his penis with softer, quicker kisses.

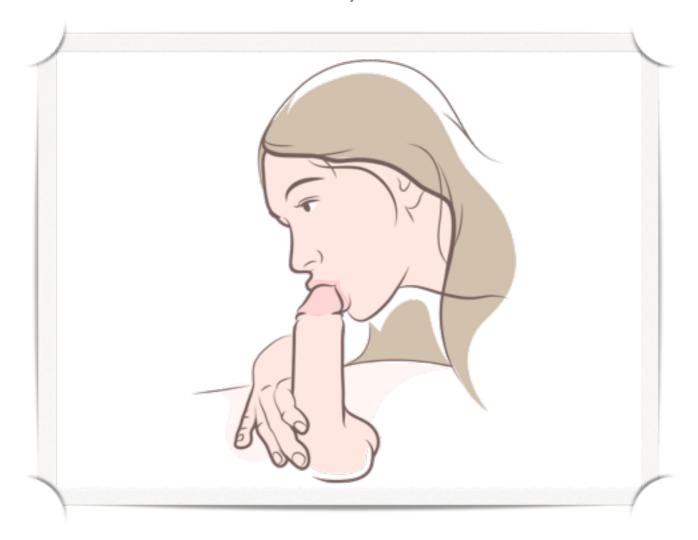


Illustration 3: Kissing the head of his penis.

You can use your lips to squeeze his penis or to just kiss it very softly. As you can see from the illustration above, kissing his penis is very easy.

Pro Tip

To really maximize his pleasure, try looking into his eyes as you are kissing his penis. Sometimes you may feel nervous doing this, but trust me, it's really powerful for your man.

Licking

A natural progression from kissing your man's penis is licking it.

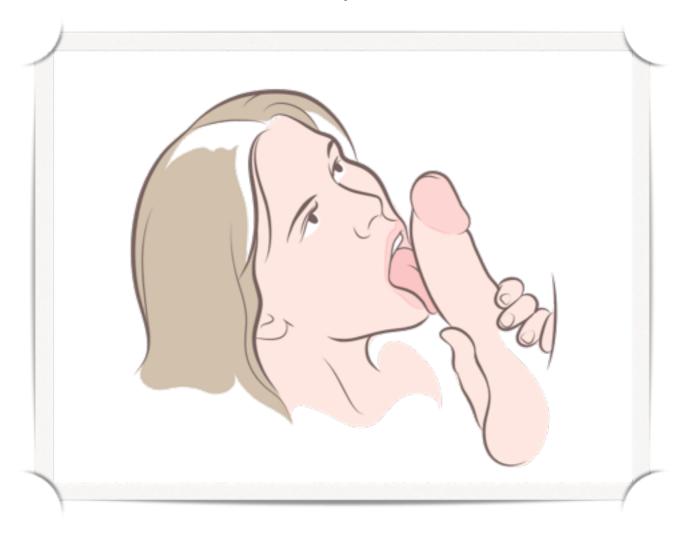


Illustration 4: Licking his Corpus Spongiosum also called 'the ridge'.

Just remember that you don't want your tongue to feel rough on his penis. To prevent your tongue from feeling too rough, you just simply need to use more saliva. If you have trouble producing saliva, then try chewing some gum right before you go down on him.

Many girls that have given me blowjobs licked my penis like they were licking an ice cream cone. But there are more ways for you to lick his penis besides just licking it like an ice cream cone. Try these licking techniques:

Long Lick

Try pushing his penis towards his stomach so that you can expose the underside of it. You should see a ridge in the middle of the underside of his shaft, running from his testicles to the head of the penis. This is called the Corpus Spongiosum, but to make it easier, let's just call it 'the ridge'.

Try slowly licking the ridge from the base, by his testicles, all the way along his shaft to the head of his penis. Not many girls know

about the ridge. It is one of the more sensitive parts of a man's shaft. The pict

Flick It

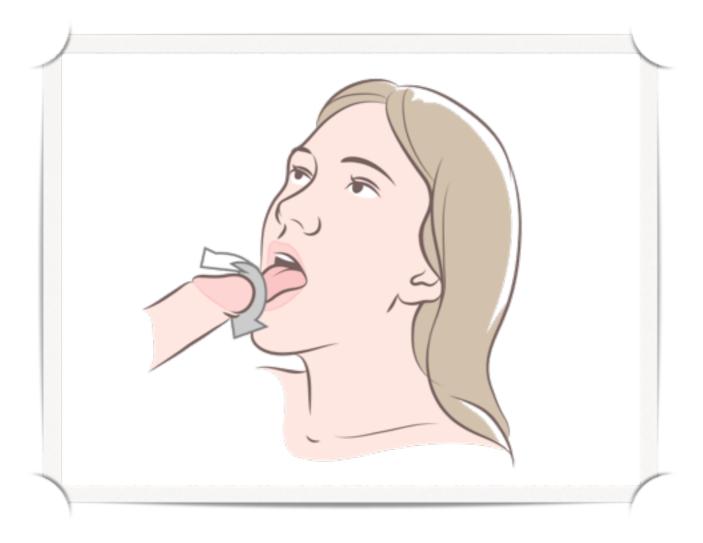


Illustration 5: Demonstrating the 'Flick It', by licking up and down the tip of his penis.

The head of his penis contains the highest concentration of nerve endings in your man's penis, which means that it's by far the most sensitive and pleasurable area of his penis.

A great way to stimulate it with licking is to gently flick it with your tongue. You can flick your tongue up and down it or instead, you can trying flicking it side-to-side or a combination of both. Just remember that when I say gentle or soft flicking, I mean very gentle and very soft. It is the most sensitive part of his penis after all!

Whirl & Twirl

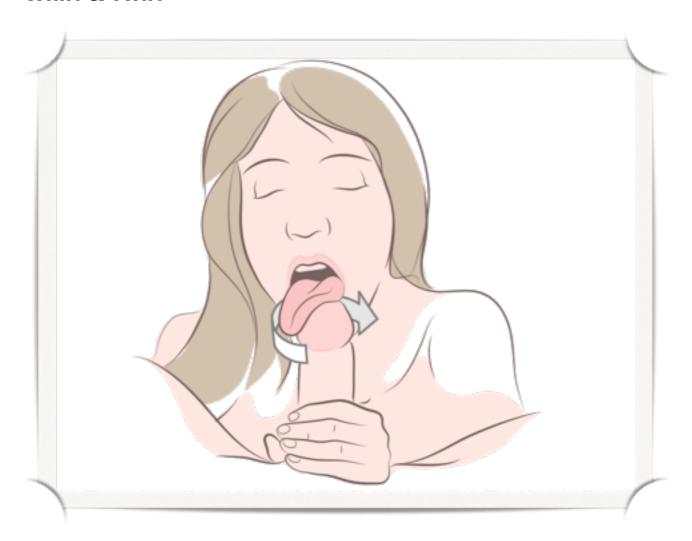


Illustration 6: Demonstrating the 'Whirl & Twirl'.

The Whirl and Twirl again involves you concentrating on the head of the penis. With the Whirl and Twirl, you simply need to use your tongue to massage the head of his penis in a circular motion. In other words, you just need to move your tongue in a circle around the head of the penis.

You can try 4 different variations of this:

- **1)** You can continuously move your tongue around in the same direction.
- 2) Or you can alternate direction continuously.
- **3)** You can use the tip of your tongue to apply a lot of pressure to a small area of the head of the penis.
- **4)** You can spread your tongue over practically the entire head of the penis.

Licking The Shaft

The previous 3 techniques should form the main part of any licking that you do. However, you can always lick the shaft to add in some variation to your licking efforts. This is similar to the Long Lick, although when you are licking the rest of the shaft, you will tend not to lick it in such long strokes.

The Washing Machine

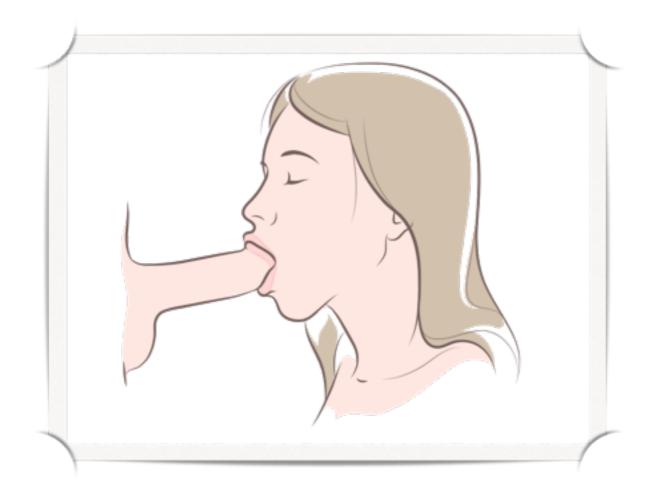
The Washing Machine is a favorite of mine. It just feels fantastic. On top of feeling great, it's really easy for girls to perform.

To perform the washing machine, you need to take the head of the penis into your mouth. Then wrap your lips around his penis, just below the head. So you should only have the top one or two inches of his penis in your mouth.

You are not going to be moving the penis into and out of your mouth. Instead, it will stay where it is. You will be using your tongue to massage the head. You can try using a variation of 'Flick It' or 'Whirl & Twirl' described above.

The great thing about the Washing Machine is that you don't have to take his penis fully into your mouth. You will also find that saliva naturally collects around his penis and acts as a lubricant thanks to your lips act as a seal keeping it inside your mouth.

The Classic



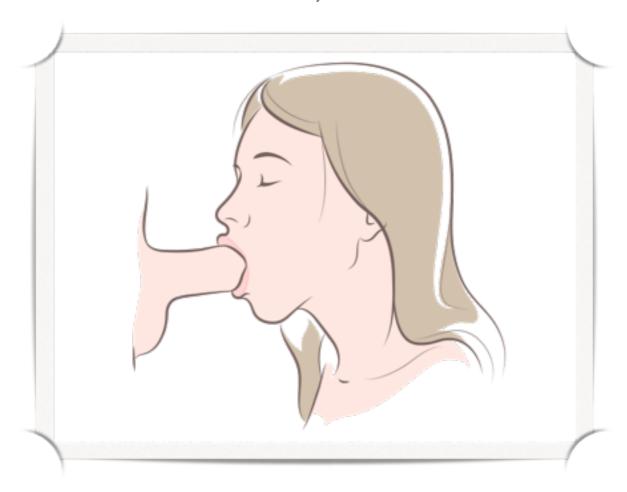


Illustration 7 & 8: Demonstrating the simple in & out motion of 'The Classic'.

I call this The Classic, because it's what most girls try first when they are learning how to give a blowjob, or at least a variation of it. The Classic is a simple in and out motion where you take your man's penis into your mouth and wrap your lips around it.

To perform The Classic properly, you need lots of saliva. All you need to do is keep your mouth open and slide his penis in and out of your mouth. Just make sure that you are very careful not to use your teeth at all. They hurt! There are also some really important things that you must do in order to make The Classic far, far better.

Use You Tongue

Sliding his penis into and out of your mouth will feel good for your man, but it will feel ten times better for him if you also use your

tongue. You should use some of the tongue techniques that I have already described, like Flick It and the Twirl & Whirl

Not Too Far Down

Getting a nice, smooth blowjob feels great. However, there is nothing more off putting than a girl that is coughing, choking or gagging. The main reason this happens is because you took his penis too far into your mouth and it started to 'tickle' the back of your throat, stimulating the gag reflex.

If you have a sensitive gag reflex, then you need to be really careful here. Only take 1-2.5 inches of his penis into your mouth. Anything more and you risk gagging and turning your man off.

I cover how to stop the gag reflex in the Deep Throat - The Easy Way book.

Sucking His Dick

Some girls get a little confused with this one. Sucking His Dick is just sucking on his penis. And just to be clear (because I have gotten many questions from confused people), Sucking His Dick does not actually suck the cum from his testicles.

To suck your man's penis properly, you need to wrap your lips around his shaft to form a seal and start sucking. This will cause a slight vacuum in your mouth.

The suction causes your mouth to close in around his penis. This makes your cheeks and tongue rub up against his shaft. In turn, this means that you are now stimulating far more of his penis than usual. This is why men like to have their dick sucked.

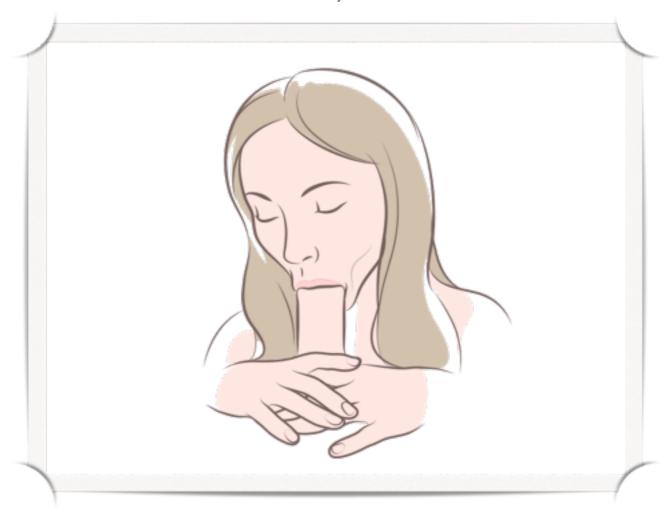


Illustration 9: Notice the sucking action causes your cheeks to close in around his penis.

Next Level Suction

To really utilize this technique, you need to move your head up and down his penis, taking it deeper and then almost out, while maintaining suction the whole time. This feels really fantastic for him.

Blowing On His Dick

Blowing on his dick is a great technique to use alongside 'Sucking His Dick'. It's like Ying & Yang.

Blowing On His Dick is super easy. All you need to do is just take his penis **out** of your mouth completely. Then just purse your lips together and literally start blowing on his penis as if you were blowing out a candle.

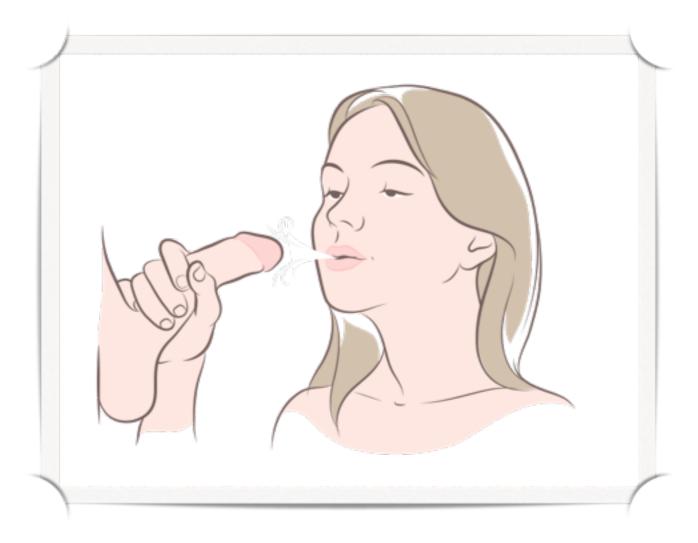


Illustration 10: Blowing air over his wet penis makes for a cooling, tingling sensation midway through a blowjob.

This makes for a nice cooling feeling on his penis.

This cool feeling is again a great sensation for your man. **More importantly it gives your mouth and jaw a rest.** Blowing His Dick is the perfect technique to use midway through giving your man a blowjob. I like to call it a 'bridge' because it can act like a bridge between 2 different blowjob techniques.

Getting Toothy

When giving your man a blowjob, you may find that your teeth are getting in the way. This can be as a result of you having a small mouth or your man having a large penis or both. Your teeth rubbing up against his penis can be incredibly uncomfortable for your man. Even the slightest pressure can be very painful for him.

So the obvious lesson here is to avoid using your teeth, unless it's something that your man is particularly fond of.

The easiest way to combat this is to just wrap your lips over your teeth as you are giving him a blowjob. This may feel a little weird for you, but trust me, it feels way, way better for your man!

When Teeth Are A Good Idea - Read With Caution

The only time that using your teeth is a good thing, is when you are teasing your man. While you are kissing or licking his penis at the start of a blowjob, from time to time you can give him a little (very gentle) nibble to give him a slightly different sensation. But only try this once or twice and make sure to check with him to see if he likes it. A nibble should last only about a second or two.

The one other time that using your teeth on your man is a good idea is if he is a masochist and has a pain fetish or likes CBT (cock and ball torture).

That's it for the introductory blowjob techniques. You will notice that all of these techniques involve your mouth and his penis. The next chapter on Advanced Blowjob Techniques will focus more on using your hands and mouth during a blowjob, along with concentrating on other areas, such as his testicles, perineum and more.

Finer Details On Blowjob Techniques

1) What is the best, number one technique that works every single time?

My Advice: The simple answer is: "It all depends." On you. And on your man. When giving your man a blowjob there is no magic bullet. There is no 'perfect-work-every-time-technique'. Some blowjob techniques work amazingly well on some men, while they don't work so well on other men.

The key to finding out what works best on your man is to test the blowjob techniques out and see for yourself.

2) Some of the blowjob techniques that you have described seem complicated. What if I don't do them exactly right?

My Advice: I have described each of the Blowjob Techniques in this chapter in quite a lot of detail so that they are clear. This means that a few of these descriptions may make them appear complicated to some people.

In real life, you do not have to follow the descriptions word for word at all for them to work. So do not worry at all if you don't do each blowjob technique perfectly as I have described. Think about it for a second.

3) But will my man be annoyed if I don't do each technique exactly as it is described in the book?

My Advice: Heck no, he is going to be happy that he's getting a blowjob.

4) I have very little experience giving my man a blowjob. What can I do to improve?

My Advice: Like I said in the introduction at the start of the book, the simple answer is practice. The more you practice, the better you'll get.

If you have never given a blowjob before, then you may feel like practicing on a **peeled** banana or dildo a few times before actually doing it to your man.

Advanced Techniques

The previous chapter was simply an introduction to different blowjob tips and techniques that you should use regularly. This chapter is going to be a little different. It covers slightly more advanced topics that can be used to take your blowjob skills to the next level.

So without further ado...

The Up & Down

When you are just using your mouth to give him a blowjob, your hands will almost always be free. These are often a severely under utilized asset. You simply must use them, if you want to make your blowjobs fantastic.



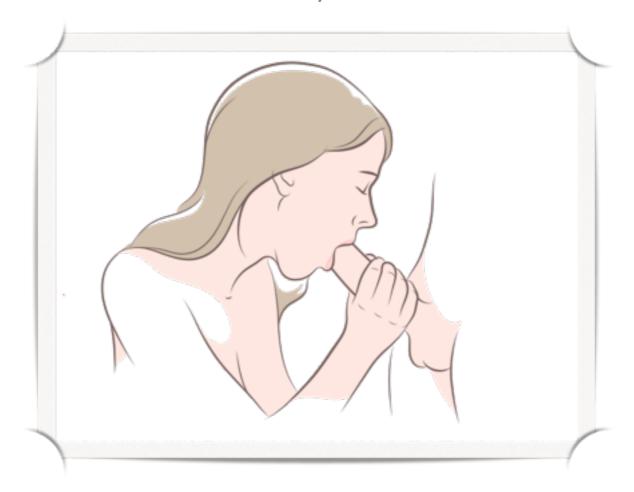


Illustration 11 & 12: Demonstrating the hand motion of the 'Up & Down'.

The easiest way to use them is to start jerking your man off while giving him a blowjob at the same time. So when you are giving your man The Washing Machine, try using one hand to start giving him a hand job at the same time on the lower part of his shaft that is not in your mouth

Just wrap your fingers around his shaft and start massaging it up and down. Easy.

Eye Contact

Maintaining eye contact during a blowjob, especially as your man is about to cum is a super strong way to make his orgasm more intense and satisfying for a number of reasons.

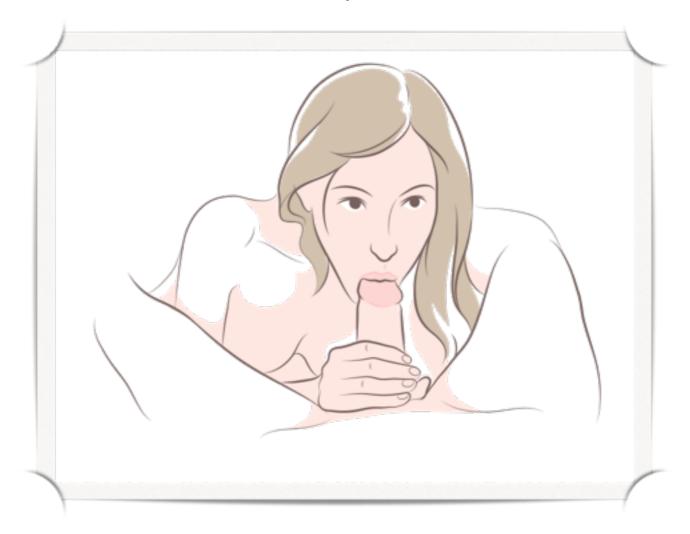


Illustration 13: Making eye contact with your man during a blowjob can make it incredibly intimate & hot.

If you are giving him head while on your knees and he is standing, it can feel like quite a submissive act, which is a real turn on for most men. While in a submissive position like this, looking up at him will strengthen his dominant feelings.

Maintaining eye contact is also a great way to make it more intimate.

However, you may find it physically difficult to make eye contact with your man while giving him a blowjob on your knees. To make it easier, there are a number of things that you can do:

- 1) Lower yourself closer to the ground if he is standing. If you are both lying down on the bed, then just move yourself lower down his body.
- **2)** Pull his penis lower. Don't pull too hard though, you don't want to hurt him.
- 3) Lean your head backwards.

This will make it far easier to make eye contact comfortably without straining your neck or eyes.

However, you may not be comfortable holding eye contact with your man. That's perfectly fine. There are a ton of other techniques in this book that you can use instead. Just try it at least once before you decide whether or not it's really for you.

His Inner Thighs

I have touched on the subject of your man's inner thighs many times in my free newsletters. They are incredibly sensitive. They get more sensitive the closer you get to his genital area.

The 2 best ways to stimulate them are either:

- 1) Rubbing and massaging them with your hands and fingers.
- **2)** Running your nails over his inner thighs to slowly and softly scratch them. It's kind of feels like tickling but it's not actually tickling him. Instead it feels highly arousing.

His Perineum

There is an area of rough skin that is located behind a man's testicles. It runs from his testicles to his anus. This patch of skin is called the perineum. It is a quite sensitive when touched. However it is highly satisfying when it is pressed and massaged.

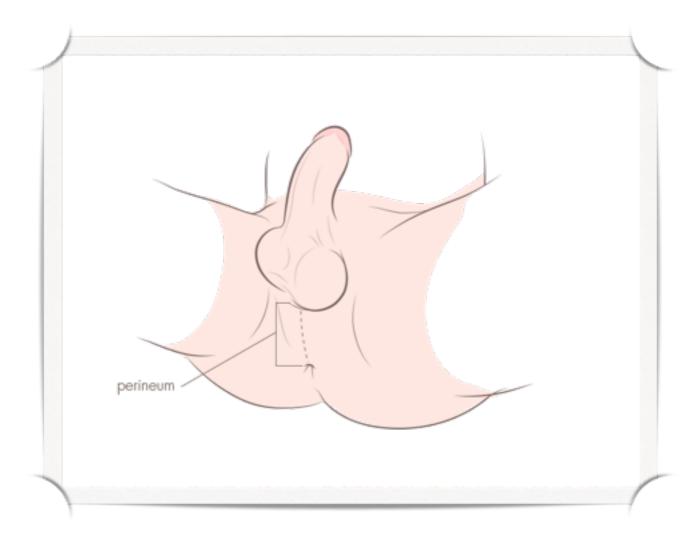


Illustration 14: The perineum is the rough patch of skin between the back of his testicles and his anus, as indicated above.

To massage the perineum is quite simple. You can use your thumb or a few fingers. Start by softly pressing it and rubbing it. Unlike a man's testicles, a man's perineum can take a lot more pressure before it becomes unpleasant for your man. You can also try using the area of your hand that is located below your thumb if you find your fingers are starting get tired. This is the soft mound of flesh that ends just before your wrist.

Caress, Touch, Suck, Lick, Massage and Love His Balls

A man's testicles are highly sensitive. Almost as sensitive as his penis. When you can combine a great lip service on his penis with great ball service in your hands you are going to have one very happy man!

There are number of different but super-satisfying ways that you can stimulate your man's testicles.

*Caution: A very small percentage of men don't like having their testicles touched at all, so make sure that you test the waters first by gently stroking his testicles a few times to see if he likes it.

Nail Service

Many guys love it when girls are extremely light and gentle when playing with their balls. They say that it almost feels like their testicles are being tickled, but in a good way.

Gently running your nails over your man's balls is a great way to stimulate them. Using your nails is a technique that is incredibly easy to do, yet so many girls just have no idea about it.

Try it. Just make sure that you really are gentle, soft and slow. If you are too fast or quick, then you risk hurting your man or even cutting into his scrotum!

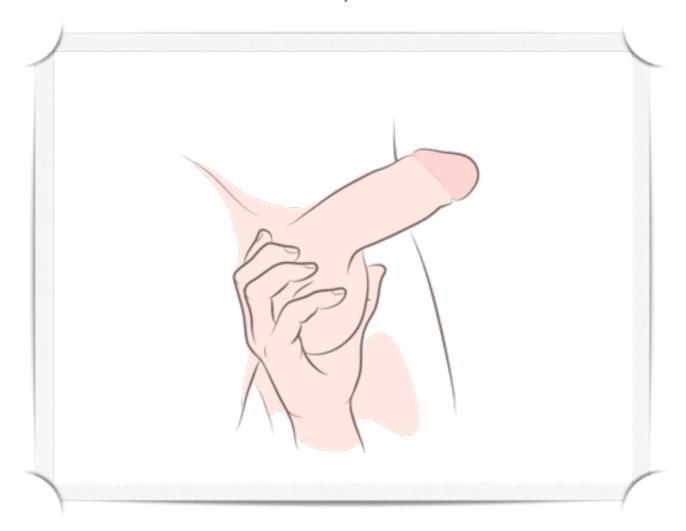


Illustration 15: Gently **and carefully** run your nails over his testicles & scrotum.

Hand Massage

Massaging your man's testicles during a blowjob will also feel fantastic for him.

To massage his balls, you simply need to cup them in the palm of your hand (or hands) and slowly and gently squeeze them. Then release them and squeeze them again. Keep repeating this for a few minutes before switching to another technique.

Alternatively you can run his testicles through your fingers. Try switching between both to see what your man prefers.

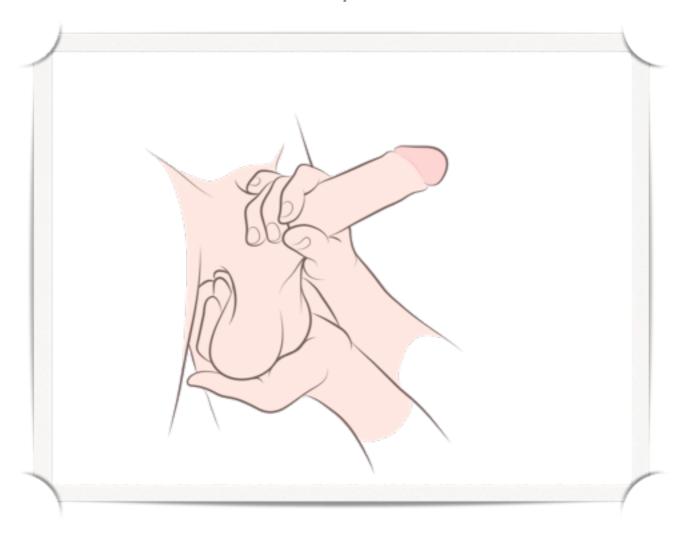


Illustration 16: Massaging his balls in your hand and giving him a hand job at the same time.

*Caution: I know I have already said this, but you need to make sure that you are super gentle with your man. Remember that the emphasis is on slowly and gently. So if you are not sure about how much pressure is too much, just use way less than you think you should. Even the lightest amount of pressure is enough to provide an enjoyable amount of stimulation.

Licking and Sucking Balls

Licking and sucking your man's balls is very much an advanced technique. In fact it's almost a pro technique, that hardly any girls

ever perform for their man. If you can be the first person to ever perform it for your man, then he will be a very happy boyfriend!

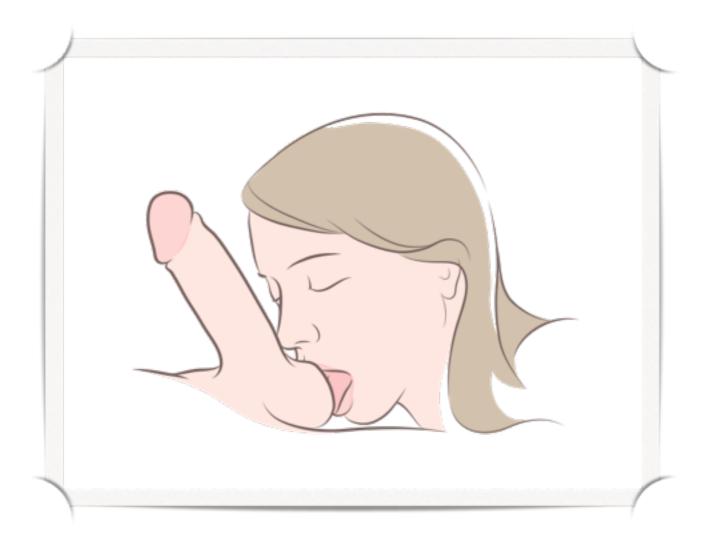


Illustration 17: Licking his balls.

***Licking or sucking a man's balls is far more pleasurable for girls when his scrotum is hairless. So you may feel like asking your man to either shave them, wax them or use some hair removal cream down there. If he uses hair removal cream, just make sure that it's safe to use around his genital area.

Licking his balls is very similar to running your nails over his balls. It tickles him a little bit, but it feels really nice and pleasurable for him. You may find it easier to lick his balls if you push his penis out of the way first. Just use one hand to push it onto his lower stomach.



Illustration 18: Sucking his balls while making eye contact.

The technique for licking his balls is very similar to licking his penis. All you need to do is simply lick them up and down using your tongue. The skin on his scrotum is not as tight as on his penis, so it may feel a little weird when you start.

To suck his balls, you need to take part of or all of his testicles into your mouth. Once inside your mouth, you can continue sucking on them (just make sure that you don't suck too hard!).

Alternatively, when his balls are in your mouth, you can using your tongue to lick and massage them. Slow and gentle licking is much better than fast and intense. This is the most satisfying testicle technique that you can ever use on your man.

These are all my best testicle techniques that you need to use to take your blowjob skills to the next level.

Finer Details On Advanced Techniques

1) These techniques all sound great, but I have no idea how to give a blowjob yet. Should I use the Advanced Techniques the first time I try to give a blowjob.

My Advice: If you have never given a blowjob before, then stick with the previous chapter (Blowjob Techniques) first. When you are comfortable doing most of those techniques in the Blowjob Techniques Chapter, then move on to trying some of the Advanced Techniques on your man.

2) My man doesn't like it when I massage his perineum or testicles. Is this a problem? How do I convince him to enjoy it?

My Advice: Don't worry if he doesn't like it, some men enjoy certain techniques and don't enjoy others, it's completely natural. My advice is to stick with what your man enjoys.

Pro Techniques

I call these 'Pro Techniques' because they are rarely tried or used by girls on their guys. All of these techniques can be used either before or during a blowjob.

Anilingus

Anilingus (often spelt Analingus) is not for the faint of heart. Anilingus is the art of anal-oral sex. In other words, it is the art of stimulating your man's anus with your mouth and tongue. To perform this correctly and safely, you need to do a number of different things.

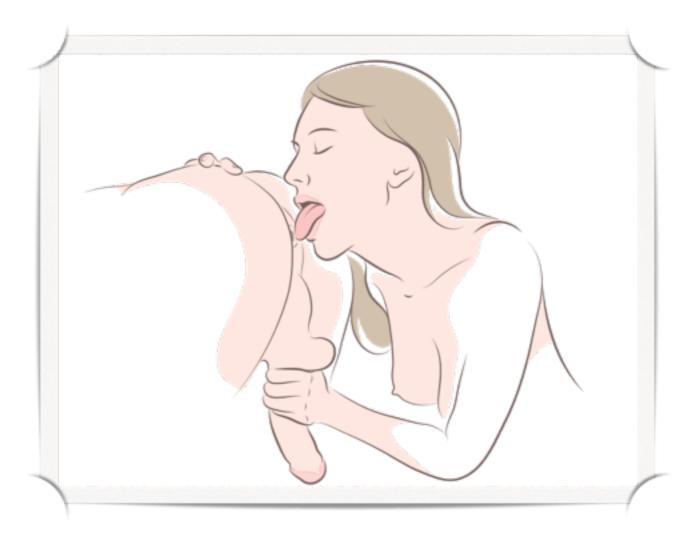


Illustration 19: Performing anilingus while giving him a hand job.

First, you need to check to make sure you are both thoroughly clean and safe. It's usually imperative that your man has a shower first and thoroughly cleans his behind to make sure that he is sparkling clean! I personally think that you should never perform anilingus on your man unless his buttocks is hairless. So get him to shave it, wax it or use hair removal cream on it before you perform anilingus on him.

The easiest position for anilingus is for your man to get on his hands and knees on the bed. It's even easier if your man lowers his shoulders and pushes his buttocks in the air.

Alternatively he can lie on his back and grab his ankles, but for some reason a lot of men really don't like this position.

These two positions will allow you easy access to his anus without his buttocks getting in the way.

To perform anilingus, you simply need to lick in and around your man's anus. You can use your tongue to apply pressure to the opening as well as licking it upwards and downwards. You'll find that squeezing his buttocks is a turn on for most guys too and will add to the anilingus experience.

You will find that the hardest part of performing anilingus is actually building up the courage to suggest it to your man. Actually doing it is the easy part.

Prostate Massage

Not only is your man's anus highly sensitive, but so is his prostate. The prostate is located just below the bladder and can be stimulated and massaged in the rectum. This means that in order to massage it, you need to either stick a finger inside his anus and into his rectum or use a toy like a dildo or even a prostate massager.

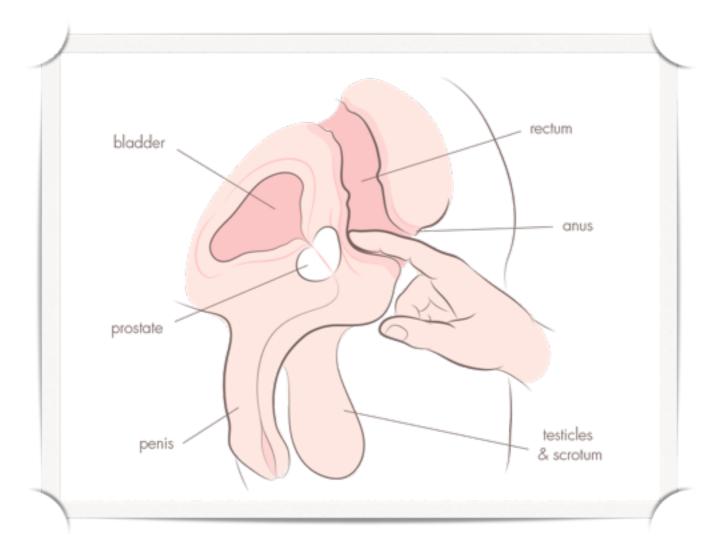


Illustration 20: Stimulating his prostate with the tip of your finger.

The prostate is sometimes called the P Spot and is located in a similar position to the G Spot in the vagina, except that it's a little deeper than the G Spot. So if your man is lying on his back and you slide your hand from his testicles to his anus and then insert a finger into his anus, you will need to curl it backwards and upwards for find his prostate. It is located about 2-3 inches deep depending on the man.

It is about the size of a hazelnut and feels very soft.

The best way to stimulate his prostate is to gently press it/tap it with your finger. In other words, don't rub it up and down. Instead, keep pressing it as if you were trying to gently squeeze something out the other side. Most men don't enjoy it being rubbed up and down as much as having it pressed.

Prostate massage is in the 'Pro' section as most men have never experienced it before. If you have never tried it before then you may be a little nervous the very first time you do.

There are a number of different ways that you can approach giving your man a prostate massage. The best way to do it, without the chance of freaking your man out is to bring it up either during foreplay or when you are talking about trying new sexual techniques. Just bring it up nonchalantly and then watch his reactions to see if he is interested or not.

Alternatively, you can start by rubbing around his anus with your hand either during foreplay or during sex. Then if he is comfortable with it, you can try pressing inwards on his anus with your finger (but don't actually insert your finger just yet).

Next, try lubricating your finger by either spitting on it or by using some lubrication you bought. Then slowly insert it. If you use this tactic, then you need to keeping checking your man's reactions to make sure that he's totally comfortable with it.

However, for some couples, the best way is to talk about it first.

The Three Techniques

The three techniques is a combination of three different techniques used together. The first is massaging and fondling your man's balls with one hand. Meanwhile, you will be using your other hand to give your man a handjob. Lastly, you will then be giving your man a blowjob.

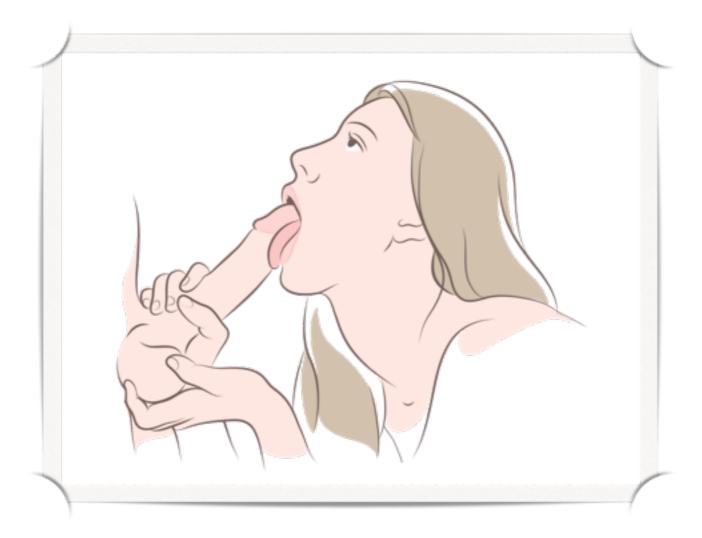


Illustration 21: Fondling his testicles, while licking the head of his penis and giving him a handjob.

The really awesome part is that you can use any of the blowjob techniques you've already learned for the blowjob part. This means that you will have a large number of variation to use on him.

Use A Fleshlight

This is not exactly a blowjob technique, but it still very much feels like one and it's a great way to spice things up. You just need to make sure that you use a little bit of water based lubricant and you're all set.

Midway through a blowjob, just take out the fleshlight and without saying a word, put a little lube on both his penis and the inside of the fleshlight. Then put the fleshlight on his penis and then masturbate him using it.

Finer Details On Pro Techniques

1) All of these techniques sound interesting, but I am afraid of suggesting them to my man. Is this a problem?

My Advice: It's not a problem at all, but they are definitely worth trying if you are interested in taking your sex life to the next level. If you are afraid of suggesting them to your man, then a good idea is to first suggest something a little tamer (like massaging his perineum) and seeing how he likes it, before suggesting one of the Pro Techniques.

Although if you are very adventurous, you can just say nothing and try one of these techniques without saying anything at all.

2) I do not want to try any of these Pro Techniques. Will my man resent me for it?

My Advice: It's very doubtful that your man would ever resent you for not wanting to try any of these Pro Techniques. The main reason I included them is to give you an idea of what is possible when

pleasuring your man. If you use all the information in this book and never even bother with the Pro Techniques, you will have blowjob skills better than practically every other girl.

Blowjob +eXtras

In the previous chapter, I talked all about the individual techniques that you can use when going down on your man and giving him a blowjob, whether it is Massaging His Balls or giving him a Prostate Massage or The Washing Machine.

Now I want to show you some extra things you can do and use to make his blowjob far, far better than it normally is.

Just a word of warning first:

Don't use these extra techniques too often. Otherwise they will get stale and boring. Try to use them a maximum of once per week.

Mouthwash

Using mouthwash before you give your man a blowjob will make him one very happy camper! Just rinse your mouth with mouthwash as you normally would after brushing your teeth and then spit it out.

Your mouth will start to feel tingly and fresh. Now imagine what this sensation feels like on his penis, something far more sensitive than your mouth!

There is one really cool added benefit to using mouthwash right before giving your man a blowjob:

-The strong minty taste from mouthwash will cover up most tastes that you will usually get from your man's penis.

Mints

When I say mints, I do not mean Tic-Tacs or Wrigley's Doublemint chewing cum. I mean really strong mints. Something like Fisherman's Friend mints are perfect. Just chew on one right before you start giving your man head.

Your man will find that the sensation is very similar to getting a blowjob with mouthwash, but it will be less tingly. The reason mouthwash makes the blowjob feel tingly and mints don't is because mouthwash contains a lot of alcohol.

*** One of the advantages of using either mints or mouthwash right before giving your man a blowjob is that you breath won't smell afterwards, so your man will be happier to kiss and cuddle with you.

Cream

Using cream during a blowjob feels really silky. However there are a few things you need to know before you use cream while giving your man a blowjob.

A lot of canned creams have a serious problem. The don't easily stick to your man's penis when sprayed directly from the can. They usually slip off and fall straight on the floor. To stop this from happening, try spraying a little bit of cream into your hand first and then rubbing it onto his penis.

If you whip the cream yourself, then make sure to whip it so that it's quite thick and not runny at all. Otherwise, you will be left with a mess on the floor. Just keep the cream in a bowl and dip your hand in to get some.

Syrup

You can use all kinds of syrups (chocolate, caramel, maple, etc.). Just make sure to have them in a bottle that can be easily closed. Squeezable bottles are the easiest to use for putting syrup on your man's penis.

Just pour a little syrup onto his penis. Then start to slowly lick it off. **Simple & Easy & Very Tasty!**

Flavored Lube

In my opinion, flavored lube is the best thing that you can give your man a blowjob with. This is for 2 reasons.

- -The consistency and feel of flavored lube is far superior to syrup, cream, mints or mouthwash. It just feels far better for your man.
- -If you buy a quality lube, then it will actually taste pretty good for you too!

These extra things that you can use during a blowjob sound great and feel great. However, please bear in mind that they are 'extras' to a blowjob. In other words, learning a few great blowjob techniques first is far more important than using these optional extras on your man. So learn some Blowjob Techniques first.

Finer Details On Blowjob +eXtras

1) I want to try using a sauce/cream/food that you haven't mentioned in the Blowjob +eXtras chapter. Is it okay?

My Advice: Of course! I don't have time to list ever single thing you can potentially use. It would take too long! The ones I have listed all proved to be the most popular with my students.

How To Give A Handjob

I decided to include this chapter on how to give a handjob properly as giving a good handjob is massively connected to giving a great blowjob. Both are heavily related as many blowjobs first start off as a handjob. If you want to get good at giving your man a blowjob, then you also need to get good at giving your man a handjob.

Learning how to give your man a good handjob has a number of benefits:

- 1) Firstly, handjobs offer your man a different sensation when compared to a blowjob. As I always say, variation is the spice of life. It keeps things interesting.
- **2)** It gives your mouth a break. If your man usually lasts for a long time before cumming during a blowjob, then your mouth is going to get tired. Switching to giving him a handjob for a few minutes is the perfect way to give your mouth a rest.
- **3)** It is another tool in your arsenal! It's better to have a lot of different sexual techniques, tips and tricks at your disposal instead of just one or 2.

Before You Get Started

Before you start to give your man a handjob, you need to make sure that your hands are in good shape. This means checking to make sure that they are smooth and soft and your nails are not going to potentially scratch your man. Here is a quick solution that I advise my students to take if their hands are not their softest. It's best to do this softening routine right before you go to bed.

What you need:

- A bowl
- 1 Whole Lemon
- 2 Tablespoons of Honey
- 1 Tablespoon of Sea Salt (can be substituted for regular salt)
- **Step 1)** Squeeze the lemon into the bowl.
- **Step 2)** Add the Sea Salt and Honey to the bowl (Use your fingers to get all of the honey off the spoon).
- **Step 3)** Use your fingers to mix the ingredients for about 30 seconds.
- **Step 4)** Once the ingredients are thoroughly mixed, apply the mixture to your hands and softly rub your hands together as if you were washing them. Do this for between 30 seconds and 2 minutes before washing your hands throughly.
- **Step 5)** After you dry your hands, apply some moisturizer or hand cream to them.

The following morning your hands will be incredibly soft.

It's best to moisturize your hands every night before you go to sleep, but only use my hand softening routine a maximum of three times per week.

Troubleshooting

- One mistake that students sometimes run into is that they rub their hands together too firmly, which can leave your hands feeling tender and sore afterwards. This is not good. Remember that you need to softly and gently rub them together
- If you have particularly tough hands, then try using a pumice stone to help remove the areas of hardened, dry and dead skin first before using my salt/honey/lemon juice mixture.

Handjob Foreplay

Where

Where you give your man a handjob is not that important. It's easiest when you are both in bed and lying down. It's also fairly easy if you man is sitting or even standing. The main thing is that you have space to move.

Starting Off

Just like when you give your man a blowjob, it's great to start off with a little foreplay first before you start actually giving him a handjob. This isn't fully fledged foreplay, but foreplay that's leading up to a handjob.

So what can you do for foreplay? It's pretty simple actually. For foreplay, all you need to do is concentrate on your man's groin area. So start off by rubbing his legs, penis and testicles outside of his trousers, before unbuttoning them and moving inside and massaging his penis and testicles with your hand.

If his trousers are already off and you have lots of space, you can give his perineum and testicles a ton of attention before moving on to give him a handjob.

The Slow, Long, Tickling Stroke

A great technique that I advise every girl to try when they can easily access the testicles and the perineum is the slow stroke. This is very easy to do and it feels wonderful (your man will feel almost as if you are tickling him).

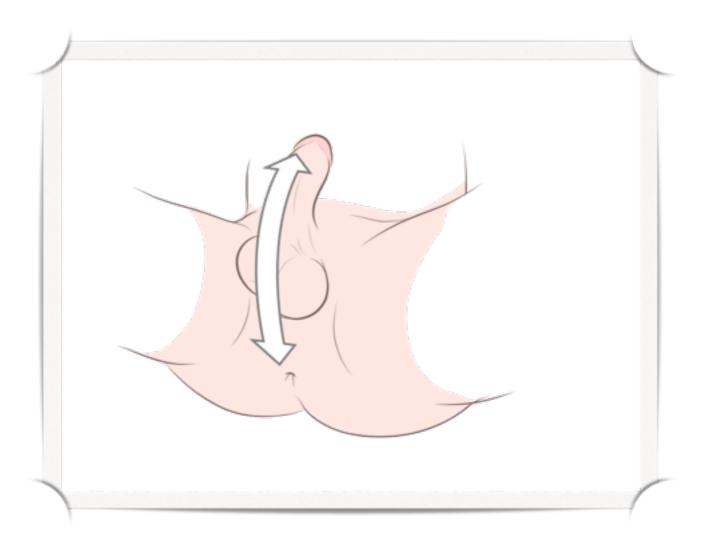


Illustration 22: Slowly & gently move your hand over and back his anus, perineum, testicles and penis to perform the 'Slow, Long, Tickling Stroke'.

To perform it, you need to keep the palm of your hand and fingers loose and quite relaxed. Then you just need to gently rub your

hand from your man's perineum and then continue over his testicles before stopping at his shaft, so that the tips of your fingers and your palm gently glide over them, softly stimulating them.

To be more specific, your starting point should have the tips of your fingers right below your man's anus. You should slowly drag them from here, over your man's perineum and testicles. Then stop when the tips of your fingers get to the top of your man's shaft, then slowly move your hand in the reverse direction like in Illustration 22.

If you plan on just concentrating on his testicles and don't want to go as far back as the perineum, then there are a number of cool, different things you can do with just his testicles besides using The Slow, Long, Tickling Stroke.

Tickle

The Tickle is easy. All you need to do is just use the tips of your fingers to quickly and softly stroke his testicles through his scrotum. You can use one hand or two. Having 4 or eight fingers run over his testicles will feel wonderful for your man.

Just to be completely clear, 'The Tickle' doesn't actually tickle you man that much. It's just called the tickle because the action your hands use is similar to the action you would use when you are tickling someone, but it's not as intense.

The Gentle Squeeze

Squeezing your man's testicles can be very pleasurable when done right. You just need to use one hand to softly cup his testicles and squeeze them with the absolute minimum amount of pressure

possible. Your man will almost always tell you if you are squeezing too hard.

This Handjob Foreplay can last anywhere from a few seconds to 5 minutes.

The Actual Handjob

When you are finished with 'Handjob Foreplay', it's time to move on to giving your man an actual handjob. Just before you grip your man's penis with your hand, you should lightly run your fingers over it, then grip it

Basic Handjob Grip

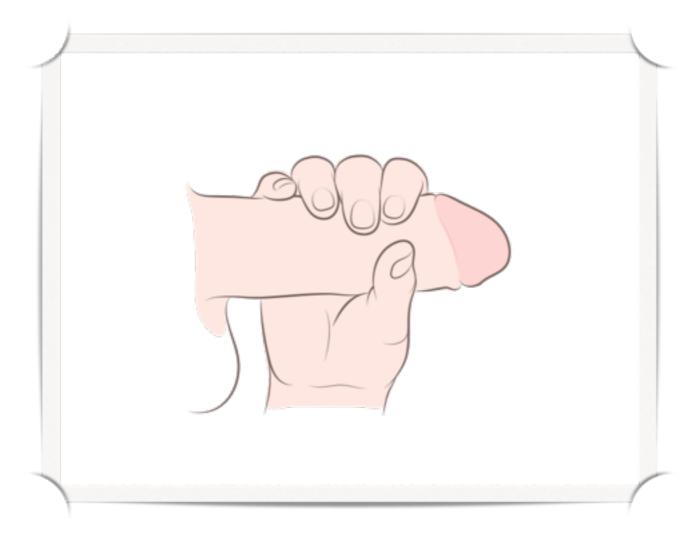


Illustration 23: The basic handjob grip.

As you can see from Illustration 22, the basic grip that you need to use to give your man a handjob is very easy. While it may come easy to some, I decided to include it anyway for those who are still unsure. You just need to grip his shaft as if you were griping a sword. So you need to wrap your 4 fingers right around it. You then need to wrap your thumb around it in the opposite direction.

This is the basic grip for giving your man a handjob. However, don't only use this grip. Feel free to experiment with other grips.

How much pressure you apply is up to you. But having talked to friends and students, I have have reached the conclusion that as long as you don't grip it incredibly tightly, your man will enjoy it.

Basic Stroke

Again most of you girls should already know this and it's easy, but I've decided to include it anyway, just in case you are not 100% sure.

The basic stroke that you need to use for giving your man a handjob involves you moving your hand up and down it while gripping it. Start slowly and don't go too far up and down. When you are comfortable with this, start making the stroke longer and longer so that you are stimulating his penis from the bottom of his shaft to the tip of his glans. Easy!

More Stimulation

Remember that the shaft of his penis is not that sensitive. It's the head of the penis (glans) that is most sensitive by far. The easiest way to stimulate it when giving him a handjob is to make your strokes longer, so that your fingers move over the head as your

hand moves up and down. Don't be surprised if he cums in under a minute when doing this!

Thumb Stimulation

If you are holding his penis like you would hold a sword or straight-handled umbrella, then your thumb will be close to or at the top of his penis. You can use your thumb to stimulate the head of your man's penis very easily with every stroke.

As you reach the top of your stroke, you can rub your thumb over the head of his penis. Then as you are coming back down, you can rub it back in the opposite direction. So with every stroke, you can rub your thumb over the head of his penis.

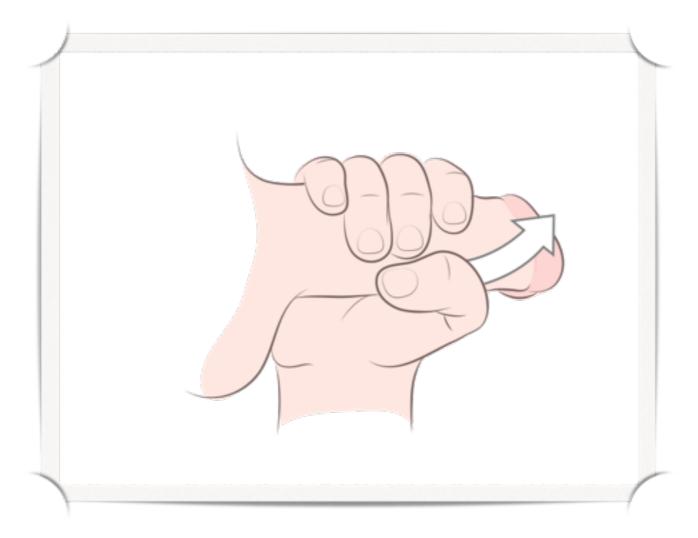


Illustration 24: As you reach the top of his penis you can rub your thumb right over & across the glans with every stroke.

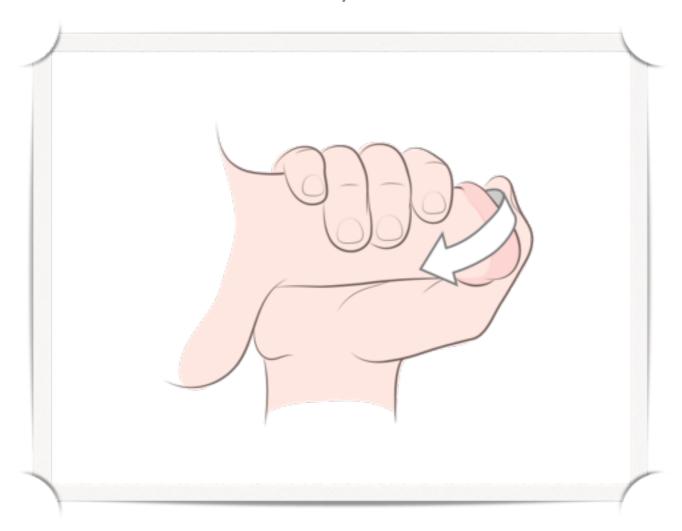


Illustration 25: Notice how the thumb has rubbed right over & across the glans.

Just The Head

A great way to give your man a really intense handjob is to just solely concentrate on his head (glans). The easiest way to stimulate it is to just use your thumb and forefinger (the finger closet to your thumb). You should wrap these around his penis so that they are touching to make a circle (or almost touching if he has a big penis).

You won't be making long strokes as you will just be concentrating on his head. You might be wondering what the best part of his head to concentrate on is. It's the bottom where the corona is. The corona feels wonderful when you stimulate it.

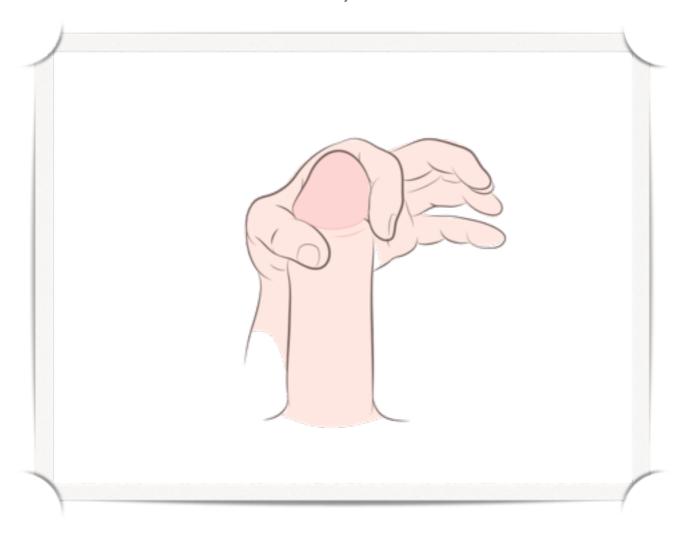


Illustration 26: Wrapping your thumb & forefinger around the head of his penis and using short strokes to perform 'Just The Head'.

You can stimulate the corona quite quickly. While it does feel wonderful, don't forget that the rest of the glans feels great when it's stimulated too. You'll find that it's a lot easier to perform Just The Head when you use lube.

These are the main handjob techniques that you should use when giving your man a handjob. However as you get more experienced and talk to your man, you will start to find slight variations or combinations of these techniques work well for you and your man.

The Double Handjob

The double handjob feels wonderful for your man and is quite easy to do. To perform it you just need to perform the basic stroke with one hand on his shaft using The Basic Stroke, while using your other hand to stimulate his head/glans.

You're man will really enjoy it when you run your fingers over and back on his head/glans. The Double Handjob is also a lot more enjoyable for guys if you use lube.

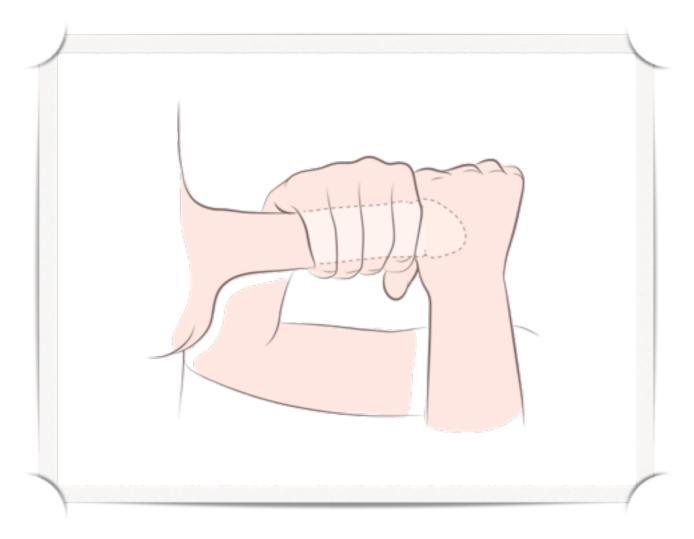


Illustration 27: The Double Handjob.

Handjob Positions

There are only really 3 different handjob positions that you will use. Everything else is just a variation of these 3 positions.

He Is Lying Down

The easiest handjob position is when you are both lying down. This is because it allows you pretty much unlimited room to maneuver (which is especially important when your hand starts to get tired). Getting your man's trousers off when you are both lying down in bed can sometimes be a little difficult, but most of the time it shouldn't be a problem at all.

He Is Standing Up

When he is standing up, you have the choice of giving him a handjob while you are standing up too or you can get on your knees (which allows you to easily transition to giving him a blowjob). Getting his trousers off in this position is really easy as they will literally drop to his ankles. When your man is standing, it can very easily and naturally lead from giving him a handjob to giving him a blowjob.

He Is Sitting

When your man is sitting, it can be a little difficult to remove his trousers. But you don't have to totally remove his trousers in order to give him a handjob. Often you can just pull his penis out through his zipper.

Handjob Locations

It's surprisingly easy to be discreet when giving your man a handjob. It means that you can give your man a handjob practically anywhere (just make sure that you never break any laws!).

All Around The House

This one is obvious. Check out the Blowjob Locations chapter for more information on blowjob locations around the house

Nightclubs

Some guys find getting a handjob from their girl in a nightclub to be incredibly hot. Obviously you'll need to find a spot where you won't get caught before you start giving him a handjob in a nightclub. (Also make sure that you are not breaking laws when giving your man a handjob in a nightclub).

At A Restaurant/On A Plane/Anywhere Siting Down

Giving your man a handjob when he is sitting down in a place where you might get caught is a massive turn on for some couples (again, just make sure that you don't break any laws).

There are a few things that you need to do to prevent people from becoming suspicious. The most important thing is to cover up to stop other people from seeing or potentially seeing what's going on. So you will need a large blanket of something similar.

Next is reducing your body movements. You don't want your elbow and shoulder to be shaking like crazy when you are giving your man a handjob. It will draw attention to you. Instead, you should be mostly using only your wrist. This will make any movement very difficult to spot. Lastly, if possible, you should both be in a place that is at least a bit secluded and hopefully dark too to further prevent either of you from getting caught.

And there you have it. The positions, techniques and locations that you should use if you want to give your man a handjob. I always recommend having a tissue or something similar close by to clean up after your man ejaculates.

Finer Details On How To Give A Handjob

1) I have serious trouble getting his penis out of his trousers. Are there any techniques that I can use to make it easier?

My Advice: Here is a very easy solution:

Use some elbow grease! Seriously! You are not going to hurt your man when taking his trousers off, unless you actually punch him in the testicles. So use a little muscle and it's going to be a lot easier and quicker to get them off.

If you are struggling to get his trousers off, it screams, "I have no experience at this!" to your man. So use a little muscle.

2) How do I know if I am using enough pressure?

My Advice: You have 2 choices. The first is to simply ask him, "How does it feel?" The second is to make a judgement without asking him. Listen to his breathing. Is he breathing heavily or is he breathing as if nothing is happening at all? If he doesn't seem to be enjoying it, trying applying a little more pressure for a minute or 2 and judge his reactions.

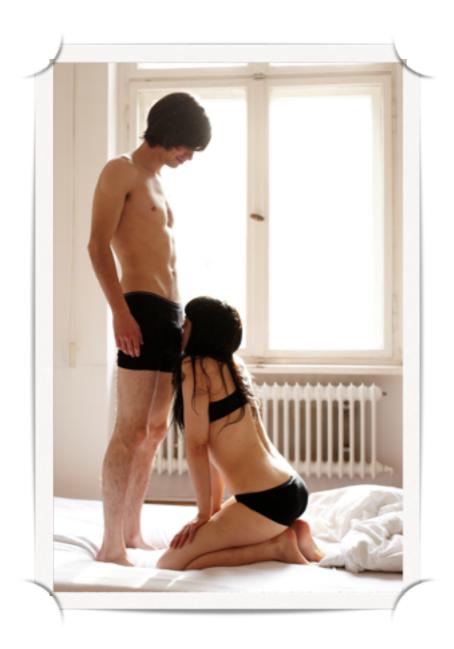
If you ask him how it feels, then he may think you have no idea what you are doing. So I recommend the second option, making a judgement yourself.

Blowjob Positions

Now that we have every technique imaginable covered, it's time to talk about blowjob positions. You may think that this section is not that important, but trust me, it is. You need to read it.

The position and posture you take when giving your man a blowjob is crucial as it helps to set the tone of the blowjob.

On Your Knees



Giving a blowjob to your man while on your knees is the most used position. It puts you in a submissive position looking up at your man who is in the more dominant position.

This position is very easy. Even though you are in a submissive position, you can easily control how much of his penis that you take into you mouth by placing a hand on the base of his penis or on his stomach or both. This helps to prevent you accidentally gagging.

If you are giving a blowjob to your man while on your knees, then it's a good idea to put a pillow or blanket under your knees to prevent them from getting sore.

The 'Regular' Or Lay Down



This position is another favorite for couples. Your man lies down on his back and you move down to his penis and start giving him a blowjob. You may find that you need to pull his penis down with your hands so that you don't have to strain yourself. Like the previous position, it's quite straightforward and not difficult to perform. I find that this position is not nearly as submissive as 'On Your Knees'.



Most couples have at least tried the 69 position. In my experience, the 69 can either be great or terrible. It's usually terrible if one partner doesn't know what they are doing.

To perform the 69, one partner lays down on their back on the bed. The other partner gets on top and straddles the partner lying on the bed. But they are facing in opposite directions. Facing in opposite directions allows you to suck your man's penis while he perform cunnilingus on your vagina.

One of the biggest factors to making the 69 great is hygiene. Yes hygiene! You both need to be really clean and well kept down there. There is almost nothing worse than taking care of yourself, only for your man to have an overgrown garden down there.



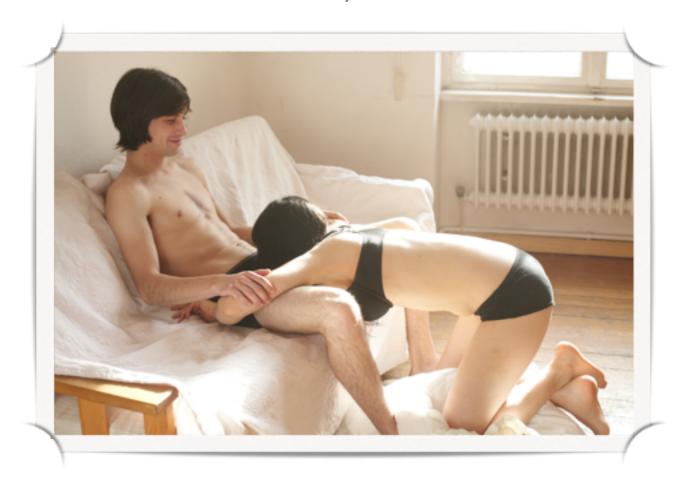
So have a chat with your man to make sure he is keeping things tidy if that's what you prefer.

I have personally found that it's easier for girls if they are on top and I am lying down, especially if the girl has a very sensitive gag reflex. When you are on top, you can more easily control how much of his penis you take into your mouth. Also when he's on top, he can be uncomfortably heavy.

The Boss's Chair

Giving your man a blowjob while he is sitting down can be very enjoyable indeed. You can approach this from a number of angles. You can wait until your man is sitting down. Or you can be dominant and push him into the chair before going down on him.

A problem that a lot of girls run into when their man is sitting down, is taking his trousers off. Don't worry about it.



It will just take a few seconds longer than if he was standing up. But if they are proving particularly tricky, then just get him to stand up and take them off himself.

There are a few really cool things that you can do when you do have his trousers off and you start giving him a blowjob. One cool thing is that your man can keep watching TV. Or alternatively he could be at a table on his computer or eating.

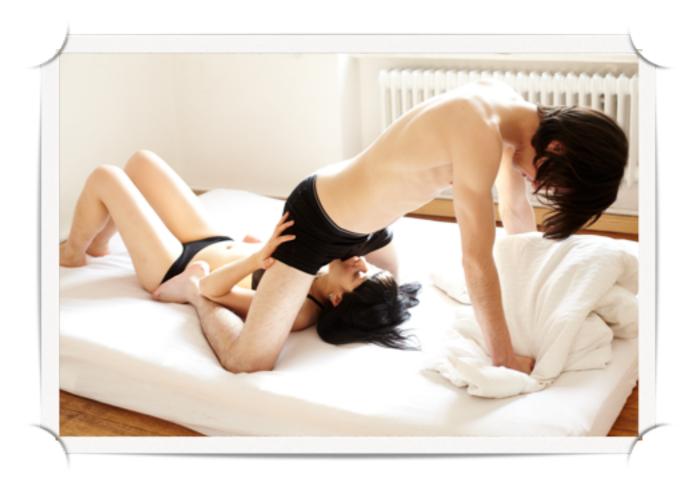
This may sound a little odd, but trust me, I am a guy and I can tell you that anytime my girl has given me head while I was sitting down doing something else, it has been amazing!

Sitting your man down is great for you as it makes it difficult for your man to thrust, allowing you to stay in control of how deep you take his penis into your mouth.

The Plumber

This Plumber position is awesome. It just feels fantastic! If you want to try something that your partner has never experienced, then try the Plumber position. Here's how:

Get your man to get down on all fours on the bed. Either on his hands and knees or on his elbows and knees. Next you need to bring your head to his penis. There are 2 ways to do this: You can lie down slightly behind him and pull his penis back towards your mouth. Or you can you can position your head directly below his penis while lying down on your back



This is definitely one of the weirder positions when it comes to giving a blowjob, but it definitely gives a different sensation and feeling to the blowjob.

The Plumber position can be taken to the next level by massaging his perineum or even inserting a finger or 2 to massage his prostate while giving him a blowjob.

The Cinema

The Cinema blowjob position is quite similar to the Boss's Chair position. But instead of kneeling down on the ground, you will be sitting beside your man on a sofa/couch. It gets it's name from the fact that it originated in the cinema.



You then need to lean over and start giving him a blowjob. While many enjoying using this position, it can actually be quite awkward to do for any length of time due to the angle your body has to make.

The Thigh Pillow

The Thigh Pillow position is actually variation of the 69 position, with each partner lying on their side, instead of one on their back and one on their knees and elbows.

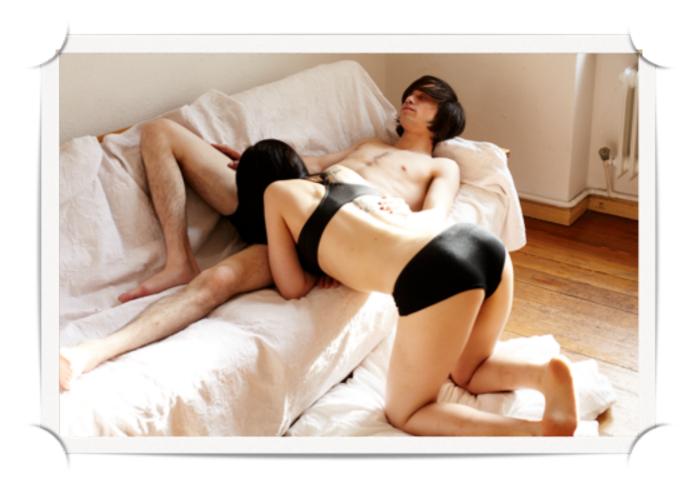
So if you both enjoy the regular 69 position and enjoy doing it for extended periods of time, then you will adore the Thigh Pillow position.



The only problem that may arise when performing the Thigh Pillow is if there is a massive difference in height between you and your man. This will make it very difficult to stimulate each other at the same time. Thankfully though, one of you can just use your hands instead.

The Doctor

The Doctor blowjob position is a variation of the Boss's Chair position. To perform it you will set up everything up as you did in the Boss's Chair position.



So you will be on your knees, while your man will be lying down on a sofa. Again this is perfect if you want to treat your man while he's watching TV.

The Face Fu*k

The Face Fu*k position is not for the faint of heart. Your man is very much going to be in control during it. So if you have a sensitive gag reflex then it's certainly not for you!



In the Face Fu*k position, you will be lying down on your back, while your man will be straddling you, with a leg just under each of your armpits and with his crotch right in your face.

If you want your man to be in total control, then he can grab your hands and hold them. But it they are free you can use them to massage his testicles or even grab his ass.

Finer Details On Blowjob Positions

1) What is the absolute best position for giving him a blowjob?

My Advice: It all depends. Seriously. I keep saying this, yet I keep getting emails about it. Some men like certain things while others don't. The key is to try lots of different positions and then afterwards, see what your man likes and what he doesn't like.

Setting Up The Blowjob

Before I teach you about different blowjob locations, I want to give you some pointers for making the blowjob go smoothly. You see, it's great knowing all these blowjob techniques and positions, but if you don't actually know how to make the blowjob happen, then you have a problem.

If you are super confident in yourself, then just grab your man's hand and lead him to where you want to go.

However not everyone feels super confident all the time. If you are not too confident with doing this kind of thing, then follow this plan to make initiating a blowjob much easier:

- 1) First check to make sure that giving him a blowjob in the desired location is physically possible. So check first to make sure that you both have enough room to move about and to be really comfortable.
- 2) Next make sure that you won't be disturbed. This means that you need to check to make sure no one is going to accidentally burst in on you while you are midway through your blowjob.
- **3)** To get your man to go with you to The Blowjob Location, you need an excuse. I find that the easiest thing to say is, "I have something to show you in the bathroom/laundry room/car/etc." Saying this while looking a little mischievous or even blushing will help to get your man aroused. Even if you say it like it's no big deal and your man doesn't know what's going to happen next, that's good too. He will almost always follow you when you say tell him

that you have something to show him and have a mischievous grin on your face.

If you want to be double sure that he comes with you, just grab his hand and lead him to where you want to go.

4) You will almost always be able to do everything else without saying a word. You need to lead him to where the blowjob location is and then put him into the desired position (sitting, standing, lying down etc.).

You have a choice of either physically pushing him into the desired position or telling to sit/stand up/lie down. At this stage he will probably be able to guess exactly what's going on and will eagerly do what you tell him.

- **6)** If you are already in the desired location, then you just need to physically initiate the blowjob. A great way to start it is by putting your hand on his leg. Then just start to stroke it before moving closer to his crotch.
- **7)** When you are at his crotch, start to massage his testicles outside his trousers. Then after a few minutes of this, put your hands inside his trousers (or unbutton them) and start to give him a very slow and soft handjob.
- **8)** At this stage you will be ready to start giving him a blowjob. So it's just a matter of getting into the desired position and removing his trousers.
- *** Sometimes you may be with a guy who has a natural tendency to take control of the situation. So every time you start to try a new

blowjob technique, he may try get you to do what he wants. That's perfectly fine, if you are both comfortable with it.

However if you want to try something new then the best thing to do is to just quietly whisper this in his ear, "Hey, I want to try something new. Just relax and I'll take care of things."

95% of guys who hear this will immediately relax and let you get down to business.

Finer Details To Setting Up A Blowjob

1) I'm really nervous and this all sounds very difficult. Isn't there an easier way?

My Advice: This really is the easiest way to initiate a blowjob with your man. However, sometimes your man will initiate it or just ask you for one.

You'll find that once your man realizes that you are getting sexual, he will be very happy with what's about to happen and will go with it. I have never, ever heard of a guy stopping a girl from giving him a blowjob.

Blowjob Locations

Where you give your man a blowjob is almost as important as the techniques you use. For most couples, the bedroom seems like the obvious choice for a blowjob location. But if you limit yourself to only the bedroom, then you are seriously missing out on a range of possibilities and experiences!

This section will show you some of the most exciting places that you can give your man a BJ and give you some tips on how to get the most out of each place.

What I personally like about trying new and different locations is that a lot of locations help to make it feel more like a fantasy.

The Bedroom

Like I said before, the bedroom is the 'usual' place for giving your man a blowjob. But luckily there is a few advantages to this.

The most important one is that you will both be more comfortable and relaxed in the bedroom as it is the default place for all things sexual anyway.

There is also the bed for you to both lie on or for your man to sit or stand on. You have lots of flexibility in the bedroom.

Besides these two factors though, the bedroom is not really that exciting for the simple reason that it's the default place for all things sexual. Maybe, you might be interested in these other locations a little more...

The Living Room

The living room is a great place to start when you are venturing out of the bedroom. Just sit him down on the sofa or a comfy seat and get down to business. As I have said previously you might want to take his boxers and trousers off first.

You have a number of options while he is sitting down. He can turn on the TV, but a more intimate idea is to just maintain eye contact with him during the blowjob.

The Kitchen

If you have tried the living room, then you should also try the kitchen. The kitchen is a lot more flexible than the living room. You can sit him down on a chair, but if you have already done this a few times in the living room, then you might want to try something else instead.

You can get him to sit down on the counter top which means that you don't have to worry about getting on your knees. One of the great things about the kitchen is that it's quite natural to grab some cream from the fridge or some syrup from the cupboard to use as you are giving him a blowjob. It's a good idea to first remove his trousers so they don't accidentally get covered in cream or syrup.

Make sure to only use a tiny amount of cream or syrup at the very start so that it doesn't fall everywhere. Then once you are happy with that small amount, try a good bit more.

The Bathroom

The best place in the bathroom is in the shower. Seeing a wet, glistening, naked body is highly arousing to men. It's even more arousing to men when that that glistening body is giving them a blowjob. You simply need to get down on your knees and give him a blowjob using any of the techniques from the Blowjob Techniques chapter.

Letting him cum on your body when you are in the shower is easy, as the water will wash it off.

Interesting Fact: Hot water makes his cum more sticky, while cold water with soap is best for washing it off.

*** Use a towel under your knees. You need to use a towel placed under your knees when giving your man a blowjob in the shower otherwise you are going to have incredibly sore knees during and after it.

The Laundry Room

The laundry room can be a really fun place to give your man a blowjob. It's not just for your dirty laundry anymore!

The great thing about laundry rooms is that they are one of the least visited rooms in a house. So it's highly unlikely that you are going to get disturbed while you are there. More importantly for your man, there is a washing machine and/or a dryer. These both make great vibrations!

Get your man to sit up on top of the washing machine/dryer with his trousers around his ankles. Turn it on and then just start to give him a blowjob as normal.

Outside the house...

Once you have tried different locations around the house, then it's time to take it a step further and start trying new locations not in your house.

The Car

For many, the car is the first place they think about outside of the house. Giving your man a blowjob in his car is surprisingly difficult, especially if he is driving it!

My advice: For the sake of being safe, don't ever give him a blowjob while he's driving.

The most annoying part of the car when trying to give your man a blowjob in it is the gearstick. If you are in a stick shift car, then it will usually be more prominent and large. Automatics are better as they usually have much smaller and shorter gearsticks.

So if the gearstick in his car is large and preventing you from giving him a good blowjob, then try lowering one or both seats until they are both horizontal.

However if the gearstick is not big and in the way, then great!

Getting started in the car is the hardest part by far. This is simply because it is tough to actually get his penis out of his trousers.

What I have found to work best for getting his penis out of his

trousers quickly when giving him a blowjob is to just use a bit of elbow grease. You just need to use a little muscle. So really grab his trousers hard when undoing the buttons, zipper and belt and pulling his trousers down. Although it's a lot easier to open up his trousers when the seat is down and he is lying in a horizontal position.

Once you have his penis out, then you just need to lean over and start giving him head. It's that easy.

At A Party

There is something very hot about getting a blowjob when you are at a house party. Knowing that there are people all around the house that could potentially catch you in the act is a major turn on for a lot of guys.

To give your man a blowjob at a house party, you just need to find an empty room or bedroom or even closet.

But to make it really interesting you should build a lot of sexual tension first. So instead of giving him the blowjob at the start of the party, you should instead wait until towards the end of it. Throughout the whole party you should be building sexual tension with your man, so this means that you should be teasing him of things to come. Try these for example,

"I've got a little surprise for you later."

"I want your dick in your mouth, but not right now."

Public Places

*** Only use public locations if it is legal. Do not break any laws.

Park

There is something really exciting as well as freeing about getting a blowjob when you are in a park with your girl.

First make sure that you are both in a place where you can't be discovered. Once you have found a place hidden from view, you can get down to business. You can use any of the techniques that I have described in previous chapters.

I have found that sometimes it's a great idea to bring a rug or a blanket to kneel and lie on so that you don't get too dirty. Although sometimes getting dirty is part of the excitement! I have found that making my girl wear a skirt without any panties is great for moving from a blowjob to sex in a park.

If you are up for an adventure, then definitely try it.

Bathroom Blowjobs

I have found this one to be sometimes awesome, sometimes terrible. I personally hate getting a blowjob from girls in a public toilet. Public toilets are usually very dirty, smelly and disgusting. However for some couples that's what turns them on.

But I do love getting a blowjob when I'm in the bathroom stall of a good nightclub. There is something really hot about grinding on the dance floor, then sneaking back to the toilet to finish things off.

That's the thing about all of these blowjob locations. You and your man will enjoy some of them and not enjoy others. But that's the exciting thing about learning how to give a great blowjob and how to be better at sex, it's an adventure every time, even if occasionally you try something that you don't particularly like.

Finer Details On Blowjob Locations

1) I am not comfortable with the idea of giving my man a blowjob outside of the bedroom, is this a serious problem?

My Advice: It's not a problem at all. It's perfectly normal for you to feel at least a little uncomfortable with some of the locations I have mentioned in The Blowjob Bible. However, I always advise that you at least try some other locations, like the living room or the kitchen and then make up your mind afterwards on whether or not you want to do it again.

2) It's illegal in my State/Country to perform any sexual act in public, should I still do it?

My Advice: No. Do not break any laws, no matter how fun it is.

Setting The Scene

Now that you have read about the best blowjob techniques, positions and locations, it's time to take it to take it up a notch...

You see, all these blowjob tips and tricks are great to physically stimulate your man. However, if you really want to drive your man wild, then you need to stimulate him both physically and mentally.

How do you stimulate your man mentally?

- 1) It's what you say. Dirty and sexy or soft and gentle?
- **2) It's the setting.** Soft light from candles and sensual smells from incense or the loud music of a nightclub?
- 3) It's how your act. Shy and quiet or horny and wild?
- 4) It's what you wear. Nothing at all or something sexy?

Setting the scene is a combination of these 4 factors

What Should You Say?

Even though the Blowjob Bible exclusively covers the art of giving your man a great blowjob, learning how to talk dirty can take a normal, everyday blowjob to the next level. Talking dirty is also great for making your sex life a lot more rounded and a lot more fun too!

I cover the steps you need to take to talk dirty in the separate book that I included as a bonus with the Blowjob Bible. It's called Dirty Mouth! Read it for a rundown on how to talk dirty and how to properly turn your man on using just words.

The Setting

This setting can play an incredibly important role in turning your man on. The setting is all about where you give him a blowjob AND the atmosphere.

Where

For almost all men, where they have sex or get a blowjob is very important. It may not sound that important but it truly is. The location that you give your man a blowjob in can take it from a 6/10 experience up to a 7/10 or even an 8/10 experience.

Different men like different locations when getting a blowjob. It could be in the shower or on a beach or in a public place. There are 2 ways to find out where your man likes getting a blowjob the most.

1) You can just experiment and try as many different places as possible and then see which ones he likes the most.

or

2) You can ask him.

You might think that option **2)** is best, that asking him makes the most sense. But you will find that option **1)** is way more fun. It means that you get to try a massive amount of different locations. It also means that you will find locations that you never previously thought of before, which is a great added bonus.

Re-read the Blowjob Locations chapter to get some more ideas on great locations to give your man a blowjob

Atmosphere

Setting the right Atmosphere is the other part to The Setting that plays a large role in how much your man enjoys the blowjob.

There are a wide range of different directions you can take when setting the atmosphere. Below are some recommendations for romantic, sensual or sexy and hot atmospheres. My advice is to try each and then pick and choose the parts of each atmosphere setting that you like and figure out what works best for you and your man:

Romantic

To make it romantic you can light candles all around the room and turn off the lights or dim them (tea lights from IKEA are the best and cheapest for this). If you plan on giving him a romantic blowjob in the bedroom, then it's a good idea to use fresh bed linen, as strong body odors are not the most romantic thing.

Your music choice is also important for when you want to set up a romantic scene for your man. Music choice all comes down to personal tastes. I personally recommend relaxing music with no lyrics. However some couples prefer other genres and types of music.

Setting a romantic atmosphere is easy when you are both alone together or in a secluded place, like your house or apartment.

Sensual

To make it more sensual, you should consider using incense and/or scented candles. Again, try keeping the light at a low level. You may find that giving your man a massage first using massage oil,

before going down on him will make the whole experience a lot longer and ultimately more satisfying.

You can set a sensual atmosphere practically anywhere, from your house to a tent to a hotel room.

The key to making it sensual is concentrating on the senses. This means having nice scents, which means using things like incense or scented candles or wearing nice perfume. It also refers to what your man sees. So wear something that looks and feels sexy for you. The senses also refers to touch. This is why you should consider giving your man a massage before you go down on him, although afterwards is good also. What he hears is part of a sensual atmosphere, so you should try to choose soft music to play in the background. Taste is the only sense that is not really that important when setting a sensual atmosphere.

Sexy & Hot

Making the atmosphere sexy & hot is a great change from sensual or romantic. Making the atmosphere sexy and hot doesn't necessarily require candles or music. If can just be you and your man, and it can happen practically anywhere. So it can still be in the bedroom or somewhere private. Alternatively it can be in a public toilet, or anywhere in public or in a hotel room.

The key to making the atmosphere sexy and hot is for you to be sexy and hot (and even a little bad and naughty). In other words, it's all about how you act...

How You Act

How you act is a large part of setting the scene. You could act like a shy and naive girl or you could act like an insatiable nymph.

How you act is another factor that increases or decreases your man's satisfaction. Most men are not going to have a good time if you cringe and gag every time his penis enters your mouth.

So how should you act? Try some of the ideas below to get yourself started. Eventually you will find one or a combination that both you and your man enjoy.

Shy & Naive

Acting shy and naive is easiest if you are actually quite shy about going down on your man and giving him a blowjob. The easiest way to act shy and naive when going down on him is to just be a little quieter than usual.

How you look at your man when acting shy and naive is super important. You need to have your eyes wide open and looking innocent. As you will be naturally looking up at your man, you will automatically look quite shy and also a little submissive.

Dominant

When you are acting dominant, then you are the one who is in control and you are going to be calling the shots. It's a little difficult to be dominant when you are on your knees, but you can still pull it off.

There are a number of ways to be dominant. You can push your man on the bed or into a chair to let him know that you are the one who is running the show. Or you can simply put your index finger to his lips and say 'Shh!' when he starts talking.

When you do start giving him a blowjob, put his hands by his side. Don't allow him to put them on your head. You are the one in control after all, remember? You'll find that putting a hand on his stomach/chest is a great way to let him know that he needs to stay where he is.

When you are giving your man a dominant blowjob, strong and piercing eye contact can make it a lot more powerful. So if you are confident holding eye contact, then try it when giving him a dominant blowjob.

Being dominant can also come from what you say to your man. So let him know what you want him to do, whether it's sitting still or actively participating. If you have already read Dirty Mouth! that came with The Blowjob Bible then you'll know that it's not just the words, but how you say them.

You may find that being dominant does not come naturally to you and even feels a bit uncomfortable. This is completely normal, guys sometimes feel the same. But like with everything I teach, I feel that it's a really good idea to at least try it out first before deciding whether or not it's really something for you.

Submissive

Being submissive is obviously the complete opposite to being dominant. When you are being submissive, your man is in control and calling the shots. He might put his hands on your head and control how deep you should go or alternatively he might just tell you what to do and how to do it.

Holding eye contact when in a submissive position is not important. In fact it's more important to quickly break eye contact first when you do make it, to let your man know that you are the submissive one.

When you are acting submissive towards your man as you are giving him a blowjob, you'll find that it's best to either say nothing at all or instead to ask him what he wants.

Just like with being dominant, being submissive may feel totally normal or a little uncomfortable. Even if you don't like acting submissive, at least try it once to see how it really feels.

Insatiable Nymph

Acting like an insatiable nymph when giving your man a blowjob means acting as if you are possessed by an intense desire to give him a blowjob. It's acting as if the only thing you care about is making him cum. You need to have the attitude that you are desperate to see him orgasm.

Acting like an insatiable nymph is a very interesting but powerful concept. I never thought of it that much, until a girl that I dated a few years ago tried it on me. She was literally an insatiable nymph.

The reason why it's so powerful and great to use on your guy is simple: It strongly massages his ego. He will feel as if he is bringing out these feelings in you. He will feel that you simply can't control yourself when you are around him. This is what makes acting like an insatiable nymph so powerful to use on a guy.

Using techniques like deep throat (which I teach in Deep Throat - The Easy Way book that came free with The Blowjob Bible) and massaging his prostate are great techniques to use when you are acting like an insatiable nymph. But acting like an insatiable nymph

is not all about giving him a great blowjob. It's about making him think that you can't control yourself around him.

Loving

The 'loving' blowjob is very different to the insatiable nymph blowjob. When you give your man a loving blowjob, you are trying to connect with him and give him a good time. You are not really trying to 'blow his mind'.

Giving your man a loving blowjob is just as it sounds. You need to be loving. This means that you need to take it nice and slow. Try maintaining eye contact with your man as you give him the blowjob and use your hands to massage his body as you are giving him the blowjob.

When you are giving your man a blowjob in a loving way, techniques likes maintaining eye contact and taking it slow work best. Whether you use the Washing Machine or The Classic is not that important.

That's it for how to you should act when giving your man a blowjob. I advise that you try each How You Act attitude (Shy & Naive, Dominant, Submissive, Insatiably Nymph, Loving) before deciding what you and your man enjoy most.

What You Wear

What you wear when giving your man a blowjob is almost as important for you as it is for him. The 2 reasons for this are quite simple:

1) When you are wearing something that is comfortable and feels sexy, you feel comfortable and sexy.

2) When you are wearing something that is uncomfortable and makes you feel awkward and not sexy, you feel awkward and not sexy.

So while many girls feel that giving a blowjob should be all about the man, I believe that you should also focus on you too.

By choosing to wear something that makes you feel sexy and comfortable, you will feel sexy and comfortable which will help you to relax and ultimately give your man a much better experience. This could be lingerie or it could be a sexy costume. Try experimenting with both to find what you like best.

Although this should be obvious, feeling comfortable also applies to how much make up you wear, what you do with your hair and what perfume you wear. When you are comfortable and relaxed, everything becomes a lot, lot easier.

Finer Details On Setting The Scene

1) A lot of your advice on setting the scene for a great blowjob involves purchasing something (sexy clothes, candles, incense, music, etc). If I don't do this, will it ultimately make my blowjob not that good?

My Advice: Firstly, it's really important that you understand that The Blowjob Bible is like an encyclopedia. If you learn and use every single technique and tip contained in these pages, you will be better at giving blowjobs than 99.999% of the female population.

For most people, just learning a few techniques is enough to take their blowjob skills to the next level. So if you want to ignore the things that cost money, you are not going to lose out. But you will notice that nearly everything I recommend is very cheap. The last time I went to IKEA, I picked up 100 tea lights for \$4. Most songs cost a maximum of 99¢ per song. Incense is also quite cheap and you don't need to spend huge amounts to pick up sexy lingerie.

2) If I don't 'set the scene' will it result in a crappy blowjob?

My Advice: Absolutely not! Think of Setting The Scene as the final 5%. It will take your blowjob from A to A+. Do not worry too much about Setting The Scene until you have mastered some Blowjob Techniques.

Finishing Up

Throughout the last few chapters I have covered the major blowjob techniques, positions as well as fantasies and locations. This chapter covers the 'The Finish'. In other words, I am going to teach you what you need to do when your man starts to reach orgasm and ejaculate (or cum).

Luckily there are a good number of things that you can do, which means that you can always surprise your man. But before we get to those, I want to talk about your man first.

A similar phenomenon happens to both men and women when they reach orgasm. Right after a man reaches the peak of his orgasm, his penis starts to become incredibly sensitive, to the point that it almost feels sore to touch. It is very similar in feeling to a woman after she reaches orgasm through stimulation of the clitoris. It's almost painful when it's touched after orgasm.

*** So a key point, that you must remember when your man reaches orgasm is that his penis will start becoming incredibly sensitive right afterwards, to the point that it's almost painful when it's touched.

So keep this in mind when you are finishing up a blowjob on your man.

Reaching Orgasm

You can tell with 95% of guys when they are about to reach orgasm.

How?

They will start breathing a lot louder and faster. It's unmistakable.

When you start hearing this heavier, faster breathing, then it's time to speed things up. So if you have been taking it slow and steady throughout the entire blowjob, now is the time that you need to start sucking a little faster.

This will ramp everything up and make the blowjob feel far, far better. The harder you hear him breathing, the harder and faster that you need to suck.

When he does start to ejaculate, you should be able to tell pretty easily. You will be able to feel his penis twitching slightly in your mouth and you will also notice his breathing pattern slightly changing.

*** After giving your man a good few blowjobs, noticing when he reaches orgasm will become second nature to you. It's incredibly difficult to describe in words, but very obvious in real life.

Finishing Techniques

Giving your man a wonderful blowjob for 20 mins is pointless if you don't use a great finishing technique. These techniques will start off with the easy ones first, before showing the more advanced ones.

Hand Job Finish

Getting a handjob finish from a girl feels wonderful if done right. When you can tell that your man is almost at orgasm, take his penis out of your mouth and start to give him a hand job.

At this stage you don't want to give him a slow sensual handjob. You want to give him a very fast and firm one, right up until he starts to cum. When I say hard, I don't mean so hard that you cause him pain. Instead I mean that you should be firmly gripping his penis.

When he reaches orgasm and starts to ejaculate you need to start releasing your grip on his penis so that you are now holding it incredibly lightly. Even though you are holding it lightly, you still need to make sure that you are moving it up and down on his penis. Start slowing down how much pressure you apply to his penis as he is ejaculating.

The main area of the penis that you need to concentrate on when giving your man a handjob finish is the head of the penis as it's by far the most sensitive.

A great way to finish is to use the Double Handed handjob technique so that one hand is focusing on the head of the penis while the other is focusing on the shaft.

The handjob finish is great for girls who absolutely hate the idea of getting semen in their mouths or anywhere near their face.

Blowjob Finish

If you are giving your man a blowjob, then he's usually going to expect you to finish it with your mouth. This is very easy.

Just like when you give your man a hand job finish, when you start to hear him breath more heavily and faster, you are going to need to speed up things when you are giving him a blowjob finish. (*** It feels wonderful if you start giving him the washing machine right as he is cumming)

When you do start to feel him reach orgasm and cum in your mouth, you then need to start slowing down. Because your mouth will feel a lot softer than your hands, you can still maintain the same amount of pressure that you apply to his penis as he is ejaculating. But remember to ease off the amount of pressure you apply after he has finished ejaculating.

My advice is to try as many different blowjob techniques as possible with your man as he is cumming and reaching orgasm and then see which ones he likes the best.

What To Do With His Cum?

As your man reaches orgasm and starts to ejaculate or cum, there are a number of different ways for dealing with his semen. Some may not be your cup of tea, but like with everything in this book, I advise that you at least try them once to know for sure whether or not you like and enjoy them.

Swallowing

Swallowing is not for every girl. My advice is to try it at least once with a guy you like before you decide that you like it or hate it. The most important part to swallowing your man's semen is your attitude.

If you swallow your man's load and then spend the next 5 mins throwing up or coughing or gagging or complaining about it, then it's a serious turn off for your man. Plus all those negative feelings are bad for your relationship.

But if you swallow your man's load like you swallow orange juice and then just casually go to the bathroom afterwards to wash your mouth out with mouthwash, your man is really going to appreciate it.

If you watch some porn movies to see what pornstars do when swallowing cum, you will see a lot of them licking their lips after swallowing the semen or gargling the semen before swallowing it or swallowing it first and then afterwards opening their mouth to show that it's all gone. You can do this too, if you want to act like an Insatiable Nymph, although it's not completely necessary.

But before you do try licking your lips or gargling his semen in your mouth, just make sure that you have swallowed his semen a few times already so that you are comfortable with the taste.

Spitting

Maybe you don't want to swallow your man's semen after he reaches orgasm. That's perfectly fine and normal. Lots of girls don't.

Maybe you find the taste or the texture disgusting or maybe you just don't like the idea of having his semen in your stomach. That's absolutely no problem at all. Even if you absolutely hate the taste of his semen, it's still important to **not** appear like you absolutely despise it when your man does cum in your mouth. Seeing you cringing or wincing as he cums is a major turn off for guys.

After he cums in your mouth, just simply walk to the bathroom, spit it out and then wash your mouth out. It's that easy.

Even if you plan on always spitting, I recommend that you try swallowing it at least once to see what it feels like and tastes like.

Facials

A facial is when a man ejaculates onto your face. These have only recently become widely popular due to pornography. For most men, giving their girl a facial is a big fantasy. Even though it's not something that guys usually expect of a girl.

For girls, it may not be the most pleasant thing in the world. But if you are serious about your man's pleasure, then you should really consider allowing him give you a facial.

When he is about to cum, you need to take his penis out of your mouth and give him a hand job, while aiming his penis onto your face. It's that easy.

However, you will want to try to avoid your eyes as much as possible. If you get cum into your eyes, it will sting (it's not terribly painful, but it is uncomfortable and annoying). It will also make them really bloodshot which is not nice.

The simplest thing to do to prevent this is to just aim his penis into your mouth, so most of his cum goes into your mouth. Then it's just a matter of either spitting or swallowing.

Onto Your Breasts/Naked Body

Letting your man cum onto your naked body is probably the easiest option as you don't have to worry about spitting, swallowing or it getting into your eyes.

You also then have the option of rubbing it over your body afterwards which can be look incredibly hot for your man.

So these are all the options that you have for finishing a blowjob. You can finish with a handjob, by spitting, by swallowing, by taking it onto your face or onto your body.

While some of these may sound tame and others may sound a little more 'crazy', what's really important is that you try to **constantly** vary which one you use to keep things interesting.

You'll also find that giving your man a facial the very first time you give him a blowjob, may end up giving him the wrong idea about you. It's better to save facials for special occasions.

Final Points

The end of a blowjob is the most important part. If you do everything perfectly, but give your man a bad ending, then he will not be that satisfied at all.

So before you give your man his next blowjob, try deciding how you are going to finish it off ahead of time to save yourself thinking about it.

So Finishing Up is the final part to giving your man a great blowjob. By combining each of the previous chapters and this one, you now have an arsenal of techniques, positions, tricks, tips and information on every single aspect of giving your man a mind-blowing BJ, whether you need to know the exact technique to use or position to be in or how to act, it's right here.

The important thing is to now apply it!

Finer Details On Finishing Up

1) I hate the idea of swallowing his semen. Is this a serious problem? Will he resent me for it?

My Advice: It's not a problem at all. But you should try it at least once with an open mind. If you find that you don't like it, then there is no need to ever do it again. However it's important that you don't make too big a deal out of it, otherwise it can become a source of stress in your sex life.

Keeping an open mind is important for having a great sex life. You need to try it once so you know for sure whether or not you really like it.

2) His semen tastes disgusting. Is there anything I can do or he can do to make it taste better?

My Advice: There is something he can do! Here is what I have found after many years of getting great blowjobs and talking to girls about it.

Get your man to drink a few glasses of fruit juice about 1-3 hours before you give him head. Make sure he doesn't eat anything else after drinking the fruit juice.

In general, the things he should avoid eating in the hours and days before you give him a blowjob are foods that are high in fat or protein. Things like eggs, fast food, meat, poultry, fish and fried food are example of food that he should avoid. I hope that you enjoyed reading the Blowjob Bible and that both you and your man enjoy the techniques, tips, positions, locations, ideas and tactics in it.

If you are looking for a powerful companion to the Blow Job Bible to keep things hot, both inside and outside of the bedroom, then you may be interested in taking a look at the Dirty Talking Bible. You can find out more about it at the address below:

http://badgirlsbible.com/dirty-talking-bible