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DIGGING YOUR OWN GRAVE

By B. L. Andrews with illustrations by Arnold Roth

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DIGGING YOUR OWN GRAVE.

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Introduction

I have always been amazed that the human race has survived as a species. From the moment a child is born it seems to be motivated towards destruction. Babies will eat battery acid, if that's all they can find. And by the time a human has entered the teenage years it is as though there is a conscious desire to do what is most destructive to the continuation of life. Adulthood is too painful to even discuss.

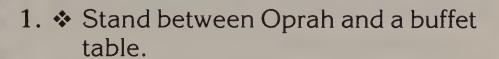
Did the dinosaurs also make some unfortunate life choices that

❖ Introduction ❖

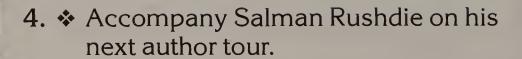
hastened their extinction? Perhaps they went meat-eating in a vegetarian world. Maybe they voted Republican. It's hard to say.

I, for one, would like to see us survive. Perhaps this book will remind people that life is fragile, that we are the caretakers of our own existence, and that almost anyone can publish a book. Let me know what you think.

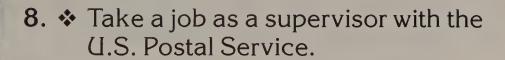
B. L. Andrews



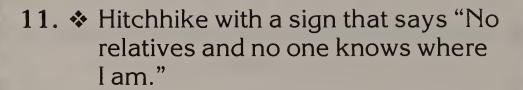
- 2. Go for a midnight drive with Ted Kennedy.
- 3. Tell the emergency-room doctor that you're an organ donor.



- 5. Eat at a Jack-in-the-Box and order your hamburger over-easy.
- 6. Vote Democratic in the next election.
- 7. Vote Republican in the next election.



- 9. Go to a park in New York City wearing a Rolex and a gold chain, riding a brand-new mountain bike.
- 10. Ask a woman if she's pregnant when she's not.



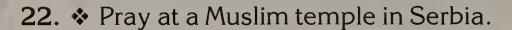
- 12. Get an English degree in college as your economic base for the future.
- 13. Because you can't get a job right out of college, go back to school to get your Masters degree in English.

- 14. A Make an appointment with Dr. Kevorkian for your next annual physical.
- **15.** ❖ Book a flight on a DC-10.
- 16. ❖ Invest your life savings in Ethiopian agriculture.
- 17. Drive through downtown Miami without having removed the rental sticker from the license plate of the car.



18. Tell a feminist that what she really needs is a man to slap some sense into her.

- 19. Get a blood transfusion in a New York City hospital.
- **20.** Wear a dry-cleaning bag and a rubber band for your costume next Halloween.
- 21. Charter the boat "Golden Venture" for your return trip back to the U.S. from China.

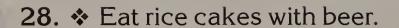


- 23. Become a parking-lot attendant at the World Trade Center.
- 24. Tell a group of drinking Marine buddies that you joined the service because you're looking for a few good men.

25. If you're a woman, just be in the same room with a group of drinking Marines.

26. So roller-blading blindfolded in San Francisco.

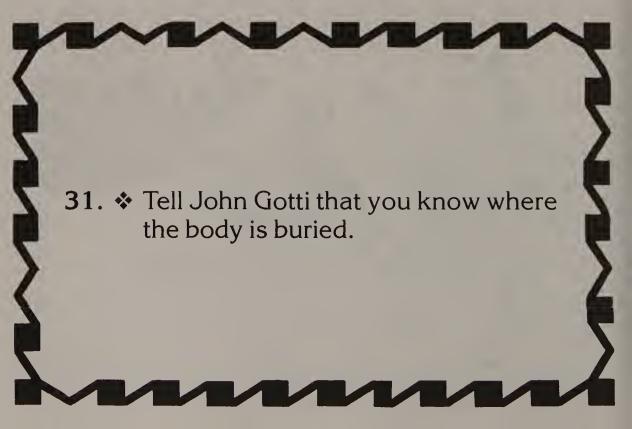
27. Demand five dollars from Bernie Goetz.



29. Accept a ride home from school from someone who says they are a good friend of the family.



30. • Go on a water-tasting trip through India.

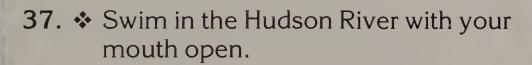


* DIGGING YOUR OWN GRAVE *

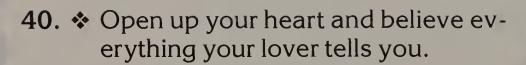


32. � Go hunting wearing a fur coat.

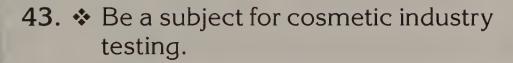
- 33. Wear a t-shirt on a Miami beach that says "Castro for President."
- **34.** Get nominated for a position in the Clinton Administration.
- **35.** ❖ Take a hot-air balloon ride over Washington, D.C.
- **36.** ❖ Get a political endorsement from Al Sharpton.



- **38.** ❖ See how many extra days you can get out of your razor.

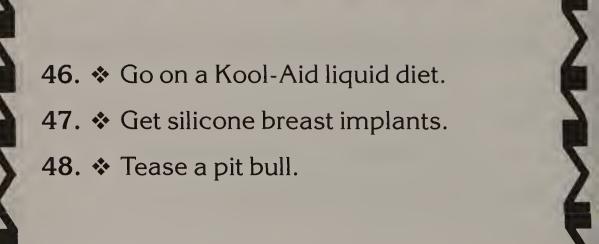


- 41. Get a tan under the ozone hole.
- **42.** Volunteer to confront the company boss with employee demands.

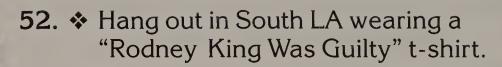


44. ❖ Travel alone in Iran wearing shortshorts, no bra, and a tank top.

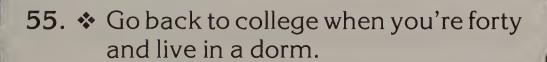
45. ❖ Move to the Midwest.



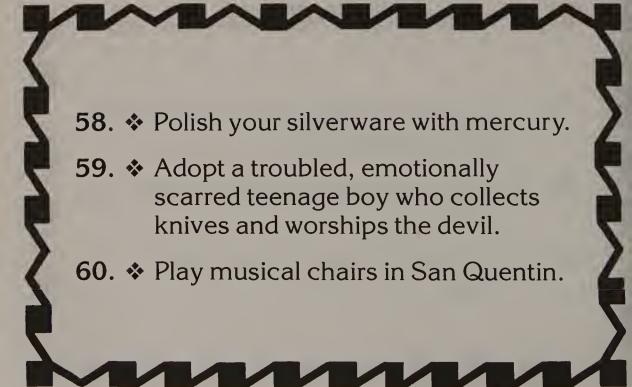
- **49.** Crawl into the polar bear exhibit at the zoo with a bag of garbage.
- **50.** * Watch an afternoon of televised golf because you need to stay awake.
- **51.** Selieve in the superiority of American cars.

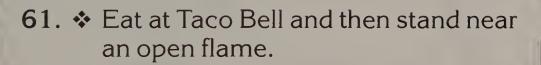


- **53. 4** Underestimate the length of your Bungee cord.
- **54. !** Live in a trailer park.



- **56.** ❖ Take a paparazzi photo of Sean Penn.
- **57.** ❖ Go inner-tubing off the coast of Cuba.



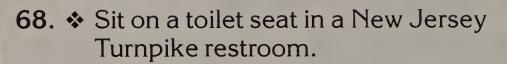


- **62.** Walk through a hog farm with a truffle in your pants pocket.
- **63.** ❖ Bend over in a prison shower.

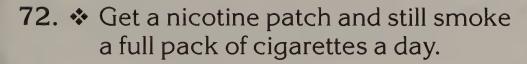


64. • Order sushi at a rural diner.

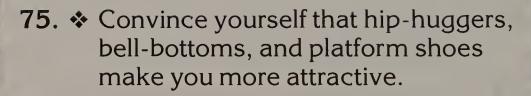
- **65**. ❖ Decide not to stop when a cop tries to pull you over.
- **66. Give your boyfriend an ultimatum to choose between you and televised sports.**
- **67.** ❖ Watch a full episode of "Barney, the Dinosaur" with a pistol nearby.



- **69.** ❖ Rely on crystals to cure a serious illness.
- **70.** ❖ Sleep with a sumo wrestler when it's his turn to be on top.
- 71. Rear-end a Ford that has a full tank of gas.

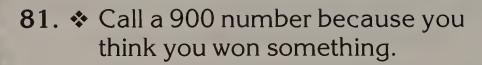


- **73.** Go to an Irish soccer game and sit in the cheap seats.
- **74.** ❖ Work in the same office as someone you once slept with.



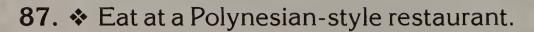
- **76.** * Move back in with your parents.
- 77. Tell an Israeli that you're a Palestinian nationalist.

- **78.** ❖ Tell your boss that you should have his job because you're smarter.
- 79. Vote to approve a toxic-waste dump in your town because you believe it will create more jobs.
- **80.** ❖ Be totally honest in your love relationship.



- **82.** Soin a religious cult because of its charismatic leader.
- **83.** Publicly insult the Reverend Moon, Scientology, or the Gambino family.

- **84.** Spend an evening at the Kennedy compound without taking a reliable witness.
- **85. \simes** Launch your acting career on a sitcom spin-off show.
- **86.** ❖ Volunteer to be a guest on "The Howard Stern Show."

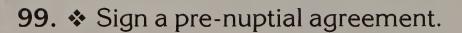


- **88.** Selieve that psychoanalysis is worth the money.
- **89.** Ask a cab driver for the quickest way to get to your destination.

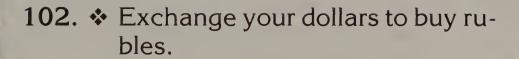
- 90. Fall in love with a married man with the belief that he'll leave his wife.
- **91.** Ask Woody Allen if he'll babysit your children.
- **92.** Give a politician the benefit of a doubt.
- **93.** Suy a condominium hoping to turn a profit.



- 95. Sing rap music when you're white.
- **96.** Play the lottery as the best hope for the future.
- **97.** ❖ Actually elect Ross Perot to any public office.
- **98.** Send your young son alone on a camping trip with a priest.

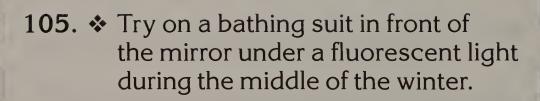


- 100. ❖ Try to reason with a five-year-old child.
- 101. Go skinnydipping in the Amazon River.

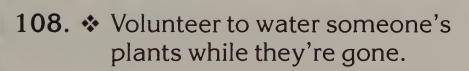


103. � Open a tanning salon in Nevada.

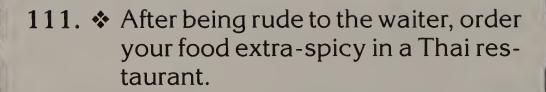
104. Don't save receipts because the odds are that the IRS will never audit your taxes.



- 106. Remain in your hometown after graduating from high school.
- 107. Suy a house downstream from a paper mill.



- 109. Go on a blind date with someone who is only described as "having a really good sense of humor."
- 110. Tell your boyfriend that unfortunately size really does matter.

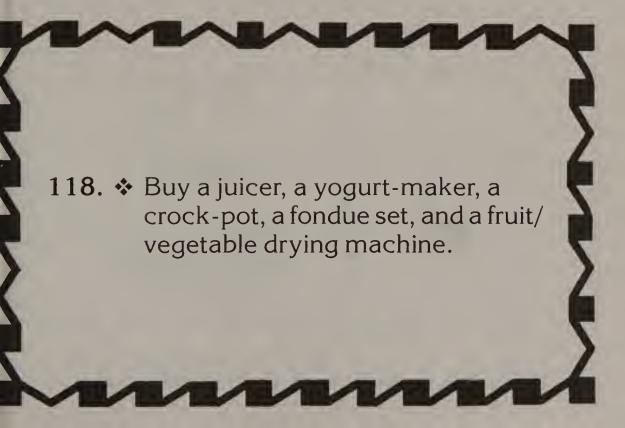


- 112. Answer a "personals" ad in Soldier of Fortune magazine.
- 113. Go barefoot on a New Jersey beach.

- 114. Try to smoke a cigarette in a California restaurant.
- 115. Check the "Yes" box on a mailorder piece to receive new product information.
- 116. ❖ Agree to chaperon a group of teenagers on a camping trip.

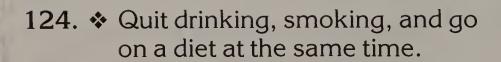


117. Wear a pair of new shoes to a convention.





- 120. Indicate "Poet" as your last job on a résumé.
- **121.** A Become emotionally attached to a goldfish, a hamster, or a baby turtle.
- 122. Tell your spouse that you had an affair because you really felt it would strengthen the marriage.
- **123.** ❖ Confide in someone who does publicity for a living.

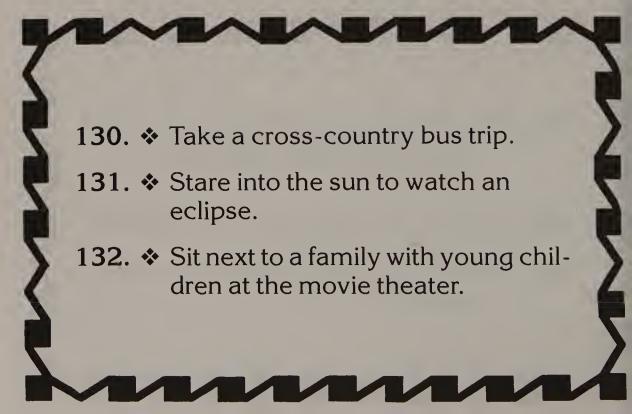


- **125.** ❖ Yell fire in an after-hours nightclub.
- 126. ❖ Go through customs carrying a rock musician's bag.

127. Invite the guys over for Super Bowl Sunday when you don't have a television set.

128. * Insult a wealthy, old, sick relative.

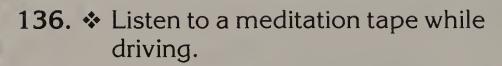
129. ❖ Give up your job to become a consultant.



133. ❖ Try to bond with your child by accompanying him to a heavy-metal rock concert.

134. ❖ Substitute teach.

135. ❖ Drive a school bus.



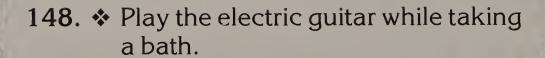
- **137.** ❖ Confuse Mensa with Menses when hiring someone for a think tank.
- 138. * Play Scrabble with a dyslexic.

- **139.** ❖ Read Russian literature when you're depressed.
- **140.** ❖ Offer to hold a nervous Arab's suitcase on an airplane.
- 141. Hit a Killer Beehive with a football.
- **142.** Win the Lottery one week before your divorce settlement.



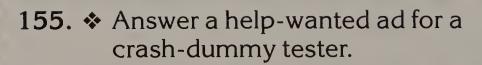
143. Remove a champagne cork with your teeth.

- 144. Try to impress the French with your wit.
- 145. ❖ Go on a hunger strike until the government balances the budget.
- 146. Drive a snowmobile across a frozen lake.
- 147. ❖ Learn to play the accordion to impress your girlfriend.



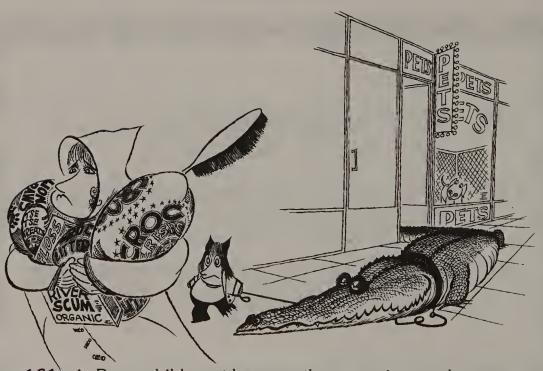
- **149.** ❖ Attend a science-fiction convention to get fashion tips.
- **150.** ❖ Hunt grizzly bears with only your cunning and a bow and arrow.

- **151.** ❖ Offer earthquake insurance in California.
- **152.** ❖ Take a job for the late shift in an all-night convenience store.
- 153. Get your medical degree in Grenada.
- **154.** ❖ Use tweezers to clean the hair out of your nose.



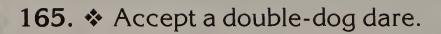
- **156.** ❖ Have faith that the scientific community would not use genetic research for foul purposes.
- **157.** ❖ Hire an anorexic cook for your restaurant.

- **158.** ❖ Buy clothes that fit tight because you expect to lose weight.
- **159.** ❖ Believe a shoe salesperson that says that the leather will stretch.
- 160. ❖ Give advice to a friend who is going through difficult times with a lover.



161. Suy a child a pet because they promise to take care of it.

- **162.** ❖ Buy a child a pet that has a short life expectancy.
- 163. ❖ Buy a child a pet that has a long life expectancy.
- **164.** ❖ Take a compatibility test with your spouse.



- **166.** Join the Navy to see the world.
- **167.** ❖ Give lingerie to an employee on Secretary's Day.

168. ❖ Wear a toupee.

169. ❖ Try to analyze a relationship.

170. * Follow your own advice.

171. Ask someone what they really think of your new haircut.

- 172. Open the mail for a genetic scientist.
- 173. ❖ Go to a wedding reception where they serve no liquor.
- **174.** ❖ Try to outsmart a two-year-old child.
- 175. * Elope.

- 176. Accept a date with someone you met at the unemployment office.
- 177. ❖ Grow lima beans as your primary cash crop.
- **178.** ❖ Get a tooth drilled at a dental school.
- 179. Pick wild mushrooms for a fresh salad.

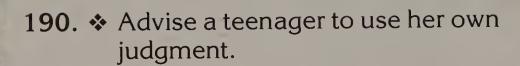


180. ❖ Use a public defender at your trial.

- **181.** ❖ Buy a used computer because the new technology seems so far away.
- 182. ❖ Hire an illegal alien to clean your house while you run for office.
- **183.** ❖ Go to a movie after having read the book.

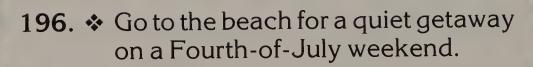
- 184. ❖ Open the door when a religious zealot is canvassing the neighborhood.
- **185.** ❖ Rent a porno film from a video store in a neighborhood where everyone knows you.
- 186. ❖ Actually invite a salesperson into your home to outline your insurance needs.

- 187. ❖ Take a dose of allergy medicine and then rev up the power saw to fell a tree.
- **188.** ❖ Stick rented videos under the front car seat with the intention of returning them soon.
- **189.** ❖ Wear white linen to a barbecue.



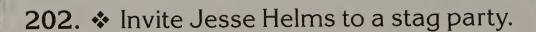
- 191. Encourage your son to date your boss's daughter.
- 192. Take small children out to dinner in a fancy restaurant.

- 193. Sit next to an Amway salesman on a cross-country flight.
- 194. Figure that you can make it just one more exit before stopping for gas.
- 195. ❖ Play "Truth Or Dare" with Evel Knievel.



- 197. ❖ Eat at any restaurant whose name begins with "Chez."
- 198. Pick up a mountain lion cub because you don't see the mother around.

- 199. Wear a string bikini to the beach with a jealous boyfriend.
- **200.** Pull a squirt gun on a Los Angeles cop for a joke.
- **201.** A Mistake a tick for a beneficial insect in your organic garden.



- 203. Solicit a promotional blurb from Tipper Gore for a rap album.
- 204. Drive a Japanese import car to an executive interview at the Chrysler Corporation.

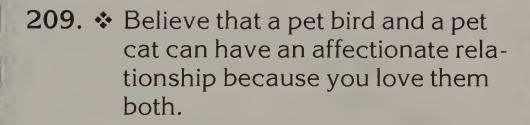
205. Dive for pennies in a rock quarry.

206. Srag about successes to siblings at a family get-together.

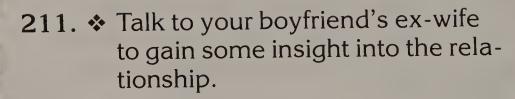
207. Teach a sensitivity class at Folsom Prison.



208. Teach your dog how to eat from your plate at the dinner table.



210. Take a paper route delivering the Sunday edition of *The New York Times*.

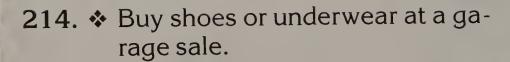


212. * Take work home every weekend because you believe it will be appreciated.

* DIGGING YOUR OWN GRAVE *

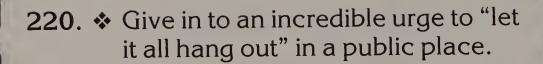


213. Set your vibrator on High.



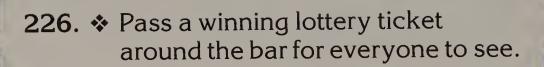
- 215. Wear an asbestos oven mitt to protect yourself against burns.
- 216. Go for quantity rather than quality when choosing a fattening dessert.

- 217. Carry chocolate-covered marsh-mallows and a tuna-with-mayonnaise sandwich in your backpack for a hike on a hot summer day.
- 218. Say to your hairdresser "Surprise me."
- **219.** Put a cigarette out on the side of an inflatable raft.



- 221. Wear a water-resistant watch anywhere near moisture.
- **222.** * Take child-rearing advice from a Yuppie parent.

- **223.** Hire a Hasidic group to build your barn and the Amish to appraise your jewelry.
- **224.** Do a hilarious impression of your boss without first checking to see who's standing behind you.
- **225.** Plant a little patch of kudzu in the garden.

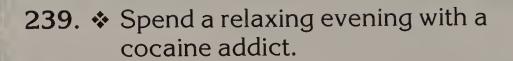


- 227. Use a fake job offer as a bargaining chip to get a promotion.
- 228. Wear a fur hat and leather to an animal rights rally.

- **229. Eat something you can't identify from a carton in the refrigerator.**
- **230.** Ask a proud new father if he has any photos of the baby.
- 231. Walk against the light because pedestrians are supposed to have the right of way.

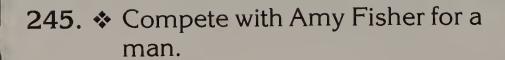
- 232. Leave a blank check with a car mechanic.
- 233. Clip a cat's nails while giving it a bath.
- 234. Give your in-laws a portable phone for Christmas.
- 235. Try to calm your nerves by playing a video game.

- 236. Go on an overseas trip with someone you just met.
- 237. Try to fool the public by combing your hair up over a bald spot.
- 238. Strike up a meaningful conversation with anyone in the music business.



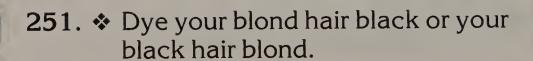
- **240.** * Take the advice of a guidance counselor.
- 241. Try to pick up someone in a bar by quoting Proust.

- **242.** Tell a reporter from the *National Enquirer* that this is "off the record."
- **243.** When asked to explain a tax discrepancy, tell the IRS that you don't believe in keeping records.
- **244.** Suy the merchandising rights to a Robert Altman film.



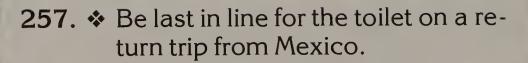
- 246. Visit a friend that has recently purchased a photo CD system.
- 247. A Name a previous boss who fired you as a reference.

- **248.** Throw away an old comic book collection that has been stored in the attic since you were a kid.
- **249.** Sive a minor appliance to a girlfriend on Valentine's Day.
- **250.** Ask directions from a Southern farmer when in a hurry.



- 252. Eat something that "tastes just like chicken."
- 253. Suy from a sperm bank located in the county where the movie *Deliverance* was made.

- **254.** Set into an elevator with someone who is singing along with their Walkman.
- **255.** Shallow-dive in the wading pool while the lifeguard isn't looking.
- 256. Wear contacts during a sandstorm.

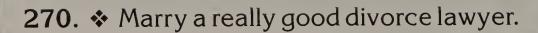


- 258. Ask a man about his relationship with his father.
- 259. Buy a do-it-yourself kit that has an instruction booklet translated to English by the Japanese.

- **260.** Anger a proctologist just before an exam.
- **261.** Look to the British for social, political, or economic brilliance.
- **262.** Pose for pornographic photos for fun because no one will ever find out.

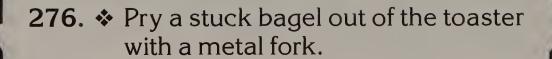
- 263. Do a count of all the sexual partners you have had in your entire life.
- 264. Discipline someone else's naughty child.
- 265. Attempt to hop a Maglev train.
- **266.** Try to foil an armed robbery by threatening to tell.

- **267.** Play Frisbee on a penthouse balcony.
- **268.** Petition the Pope for advice on women's issues.
- **269.** Sring slapstick humor into the bedroom.



- **271.** Follow the circus parade barefooted.
- 272. Let someone with dentures take a bite out of your apple.

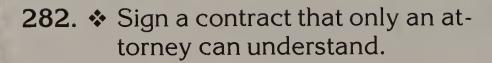
- 273. Eat an Italian sausage sandwich at the park just before jumping onto the triple-loop roller coaster.
- **274.** Dry off your wet little dog in the microwave.
- **275.** Try to prove your manhood to a group of other men.



277. Park a car with an alarm system in a nice quiet neighborhood.

278. Send to Eastern Europe for a piece of technical equipment.

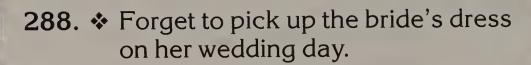
- 279. Try to make a social statement by teaching in an inner-city school without a gun.
- **280.** Duy prepared deli foods in a health food store.
- 281. Ask Carrie to the prom.



283. Leave your home phone number with the office in case something comes up.

284. Fall asleep during a lover's quarrel.

- 285. Eat a snow cone to make yourself feel better after having a tooth drilled.
- **286.** Wear a long flowing scarf around your neck for a ride in a convertible.
- **287.** Recite Rod McKuen at a poetry slam.

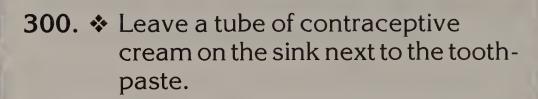


- 289. Instead of candy, give out good strong advice to a rowdy gang of teenagers on Halloween.
- **290.** Raise your hand to ask a question at an auction.

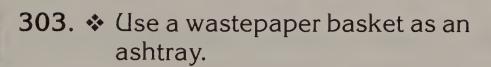
- **291.** Wear a sheer, clinging blouse to court to testify in your sexual harassment suit.
- **292.** Offer to pick up the check BE-FORE someone chooses a restaurant.
- **293.** Pop a cube of dry ice into your mouth to cool off.

- **294.** Sorrow the smoke detector batteries for your radio.
- 295. Use a match to see better when looking for a gas leak on a propane grill.
- **296.** Answer the phone on the day you know an acquaintance needs help moving.

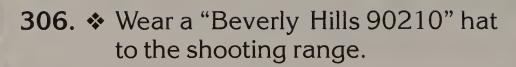
- 297. Soke with the airport security guards about hijacking the plane to Cuba.
- 298. Let your parrot who's learning to talk listen to "Beavis and Butthead."
- **299.** Suy a piano for your third-floor apartment.



- **301. ❖** Hand-feed marshmallows to an alligator.
- **302.** Ask Grandma to buy you clothes for Christmas.

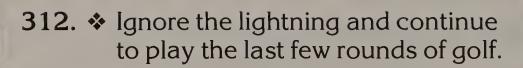


- **304.** ❖ Brag about having the high score on a game that's on the computer at work.
- 305. ❖ Lend money to a friend or relative and tell them "Pay me back when you can."



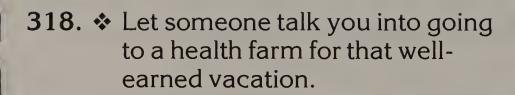
- **307.** ❖ Decide to become a vegetarian the day before Thanksgiving.
- 308. ❖ Park in a tow-away zone for just one minute so that you can run into the store to buy cigarettes.

- **309.** Store organic fertilized eggs in a basket on the kitchen counter instead of in the refrigerator.
- 310. ❖ Send the kiddies out to play with the neighbor's guard dog.
- **311.** Install white carpeting in your house.



- 313. Disregarding the advice of those who know him, stay in a damaging relationship certain that your influence will change him.
- **314.** Steer your little boat closer to Niagara Falls to get a better view.

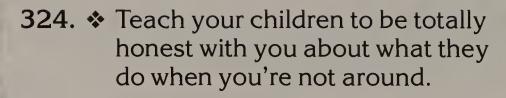
- 315. ❖ Attempt to get into the Guinness Book of World Records.
- **316.** An Mail yourself as freight to avoid paying airfare.
- 317. ❖ Go surfing in hurricane weather to experience the ultimate wave.



319. Ignore warning signs because you think they're just for stupid people.

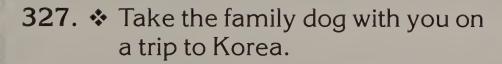
320. ❖ Be in charge of the map and directions for the driver on a long trip.

- 321. Take a road that looks like a short cut when you need to be somewhere on time.
- **322.** Don't disagree when a spouse says "I really look awful."
- **323.** A Have children so that you will have someone to go grocery shopping with.

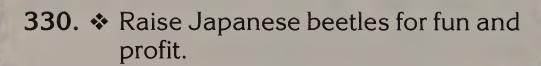


325. ❖ Believe in the discretion of a coworker during the company Christmas party.

326. A Be adventurous in your culinary pursuits while visiting Asia.



- **328.** ❖ Be your own best friend.
- **329.** ❖ Read a book of symptoms for fatal diseases.

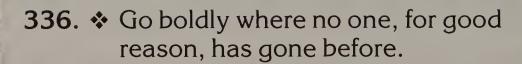


- **331. ❖** Drink to good health from a lead cup.
- 332. When you need to make a major life decision, consult the daily horoscope in the local paper.

333. Wear brown shoes with a grey suit.

334. ❖ Hold your breath until you get what you want.

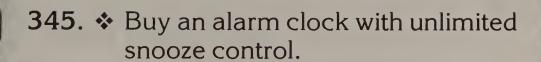
335. Go to law school to fulfill your desire to make a positive difference in the world.



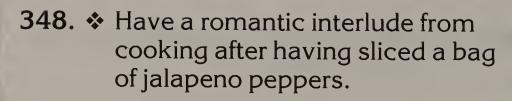
- 337. Remove the mosquito netting from your tent so that you can get a better view of the African night sky.
- **338.** ❖ Actually meet one of your heroes.

- 339. ❖ Fix your own plumbing and do your own electrical work, because how difficult can it be?
- 340. Cross-country ski in Nebraska.
- 341. ❖ Get the terms "cross-training" and "cross-dressing" mixed up when writing a classified ad.

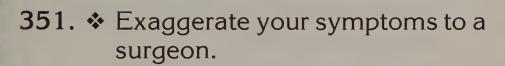
- 342. ❖ Raise the stakes and try to bluff even though you know you have a losing hand.
- **343. *** Teach an aggressive watch dog to fetch.
- **344.** Give in to a wild impulse when choosing the paint color for the exterior of your house.



- **346.** ❖ Touch an electric fence to see if it's turned on.
- 347. A Neglect to use the toilet before driving on to a Los Angeles freeway.



- 349. Refuse emergency aid because you have on old, ugly underwear.
- 350. Lie to a priest about your sins in the confessional because you don't have anything interesting to tell.



- **352.** A Make love in the woods on a bed of poison ivy.
- **353. 4** Use traditional lighted candles on the Christmas tree.

- **354.** Try hallucinogenic drugs as a way to get through the next board of directors meeting.
- 355. Take no food on a camping trip because you plan on catching all the fish you can possibly eat.
- **356.** Surn your bridges with a former employer because you'll never need them again.



- Hitchhike with a sign that says "No relatives and no one knows where I am."
 - See how many extra days you can get out of your razor.
 - Say to your hairdresser "Surprise me."



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